NYU Langone Health

NYU LANGONE HEALTH IN THE COMMUNITY

2026



The Table Food Pantry of the Family Health Centers at NYU Langone in Sunset Park, Brooklyn

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MESSAGE FROM THE DEAN AND CEO



Dear Friends,

Our communities are at the heart of what we do. This year's NYU Langone Health in the Community report highlights the programs, partnerships, and impacts that reflect our commitment to delivering the best outcomes in patient care, education, and science. At NYU Langone, we know that better health starts with a better health system. We continually push the boundaries of what's possible by expanding access to world-class patient care, advancing groundbreaking research, and educating the next generation of physicians.

We remain focused on bringing our care to the communities where people live, work, and heal. We continued to provide high-quality primary care and social support services through the Family Health Centers at NYU Langone, one of the nation's largest federally qualified health center networks. We expanded access to advanced cancer care at National Cancer Institute (NCI)–designated Comprehensive Cancer Centers across Brooklyn, Staten Island, and Long Island. To truly increase access to our world-class care, we are building an infrastructure that shifts the burden of navigating a complex healthcare system away from our patients and onto us.

Across our health system, we have exceptional community programs that address a wide range of needs patients may have after leaving the hospital. Our medical respite program in Manhattan helps patients heal safely outside the hospital by connecting them with stable housing and social services. Our in-hospital food pantry and clothing closet in Suffolk provide patients with essential resources to support a safe transition home. And an innovative mental health program in Brooklyn helps patients with serious mental illness connect to ongoing treatment.

In fiscal year 2025, NYU Langone provided $3.7 billion in community benefit, an increase of more than $300 million from the prior year and approximately 25 percent of our annual revenue. Of this, we directed $91 million to community health contributions, $957 million to physician training and research, and $2.6 billion to supporting charity and underfunded care for our patients. Every patient receives the same high-quality care throughout our system, regardless of their insurance or location.

Join me in recognizing our clinicians, staff, researchers, and medical school faculty and students whose dedication makes this work possible. The commitment of our 54,000 employees enables us to expand access, strengthen communities, and deliver the best possible outcomes.

Sincerely,

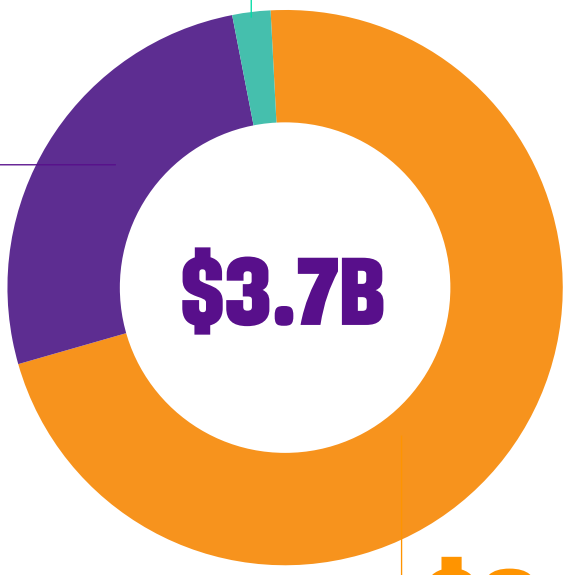
Alec C. Kimmelman, MD, PhD

Dean and CEO

MEASURING OUR IMPACT: COMMUNITY BENEFIT CONTRIBUTIONS

$3.7B in community benefit contributions

NYU Langone Health's total community benefit contribution of $3.7 billion amounts to 25 percent of the institution's total expenditures for the fiscal year ending August 31, 2025. Over 70 percent of NYU Langone's total community benefit contribution reflects the cost of providing charity and underfunded care.



$91M

Community Health Contributions

Community health improvements: **$40 million**

Cash in kind: **$50 million**

Environmental improvements and other community support: **$1 million**

$957M

Physician Training and Research

Education and training: **$424 million**

Medical research funding: **$533 million**

$2.6B

Charity and Underfunded Care

Charity: **$136 million**

Governmental payors: **$2.4 billion**

Other unsubsidized care: **$94 million**

In 2023, New York City voluntary hospitals provided $9.5 billion in community benefits. This represents 17.5% of hospitals' operating expenses.

HEALTHCARE ACCESS AND AFFORDABILITY

A decade of quality care in Brooklyn

Ten years ago, NYU Langone Health came to Brooklyn to reshape healthcare and better serve patients across the region. NYU Langone Hospital—Brooklyn is one of the safest hospitals for patients in the nation. Key metrics, including mortality rates, average length of stay, and readmission rates, have all improved dramatically in the last decade as we've focused on minimally invasive procedures.

Patients receive integrated hospital and outpatient care through the NYU Langone network. The Family Health Centers at NYU Langone provide high-quality preventive and outpatient care and mental health services. Faculty Group Practices include a range of specialists accessible to the community. Perlmutter Cancer Center offers a comprehensive cancer program at multiple locations in Brooklyn.



Today, NYU Langone Hospital—Brooklyn is a Level 1 Trauma Center, houses a Comprehensive Stroke Center, and supports a growing number of clinical trials and research initiatives.

Quality care regardless of ability to pay

The Family Health Centers at NYU Langone is one of the nation's largest federally qualified health center networks. The Family Health Centers provides world-class care to a broad and diverse patient population across Brooklyn, regardless of their ability to pay or health insurance status. The Family Health Centers has been nationally recognized for innovative, affordable, high-quality care and is one of the largest employers within the communities we serve.

Integrated medical and social support services at the Family Health Centers allow providers to detect illnesses and conditions earlier; encourage preventive care; provide education and resources for managing chronic conditions; prevent problems that can come with fragmented care, such as duplication of tests, missed areas of care, or potential drug interactions; and help with other medical concerns. This adds up to fewer, shorter hospital stays and less frequent use of emergency services, which is better for individual patients and contributes to greater economy throughout the system. Smarter, more efficient care reduces the burden of illness on our patients and lowers healthcare costs for all of us.

The Family Health Centers at NYU Langone has

10 locations offering primary, specialty, and behavioral healthcare

The largest school health program in New York, with more than 97 school-based health and dental clinics

One of the largest dental residency programs in the United States

A wide array of social support services for adults, children, and families

Hospital-level care offered at home

NYU Langone's Home Hospital Program offers in-home care for people on Long Island who need the services and care that hospitalization provides, but who are stable enough to be monitored in the comfort of their own homes. Patients receive their care through in-person and virtual visits with their care team. To be eligible, patients are screened by a registered nurse and physician at the Emergency Department at NYU Langone Hospital—Long Island.

Patients admitted into the program are transported home, where a registered nurse is waiting. The nurse completes a medical exam, administers medication, completes bloodwork, and performs other aspects of care as needed. Every day, patients receive a physician visit, at least two nurse visits, and vital signs monitoring. These visits may be completed in person or virtually. A dedicated hospitalist, a physician specializing in hospital-level care, provides a daily evaluation and coordinates consultations with other specialists as needed.

The Home Hospital Program at NYU Langone Hospital—Long Island coordinates all services to offer hospital-level care in patients' homes, including:

- Skilled nursing
- Intravenous medication and delivery of other medications
- Physical therapy
- Occupational therapy
- Laboratory services
- Oxygen treatment and respiratory therapy
- Durable medical equipment, including walkers and canes
- Round-trip transportation for necessary inpatient services
- Speech therapy
- Ultrasound and X-ray imaging
- Electrocardiograms

Remote blood pressure monitoring improves health

NYU Langone launched the remote blood pressure monitoring program to improve blood pressure control in underserved communities, supported by the National Institutes of Health (NIH) and NYU Langone's Beyond Bridges initiative. Created to connect community-based and clinical care, the program aims to improve the health and well-being of Sunset Park, Brooklyn's diverse population.

NYU Langone continues to expand the remote patient-monitoring program to support the management of additional chronic and high-risk conditions. The program helps monitor and manage weight, blood pressure, and blood sugar for patients with hypertension during pregnancy and the postpartum period, diabetes during pregnancy and the postpartum period, and heart failure. In broadening the program, NYU Langone extends care beyond traditional settings while working to improve equity and access.

> "I feel much better knowing [my blood pressure] is being monitored.

Patient spotlight: Timothy Rhonda

For 57-year-old Brooklyn resident Timothy Rhonda, the program has made it easier to manage his high blood pressure from home. Using a Bluetooth-enabled blood pressure cuff that syncs directly with his medical record, he records his readings once or twice daily for review by NYU Langone nurse practitioners, cardiologists, and other care team members. His clinicians can then adjust treatment through virtual visits, reducing the need for repeated in-person appointments. The program has been especially effective for non-English-speaking patients and those with limited access to digital tools, helping address long-standing barriers to care.

Student-run free clinic cares for the underserved

The Wellness Initiative Student-Run Health (WISH) Clinic is a free clinic for people who do not have health insurance. The student-run clinic is operated by NYU Grossman Long Island School of Medicine and NYU Langone Hospital—Long Island's Department of Family Medicine in partnership with RotaCare. At the clinic, medical students work alongside attending physicians to provide free, comprehensive primary and preventive care and help patients schedule medical appointments and access medication. Through working at the WISH clinic, students gain insight into chronic disease management, health-related social needs, and community-based care.

150+

Run by medical students and faculty at NYU Grossman Long Island School of Medicine in partnership with RotaCare NY, the WISH Clinic provides free primary care services to **more than 150 patients** each year.

New ambulance service offers quality care

StatCare, NYU Langone's first-ever private ambulance service, was created to improve continuity of care for patients. NYU Langone has long been a voluntary member of the city's 911 system and operates dozens of ambulances within the municipal emergency response network. Now patients have the option to call for an ambulance that guarantees transport to an NYU Langone hospital.

StatCare began at NYU Langone Hospital—Brooklyn with one ambulance and now operates four ambulances across Brooklyn and Staten Island, all of which are staffed by an EMT and a paramedic. A rotating roster of physicians with emergency medical services training are on call 24/7 to consult with StatCare ambulance crews.

StatCare was created for NYU Langone patients who need an ambulance and want to be sure they're transported to an NYU Langone facility.

Since StatCare's launch in June 2025, the program has

4
ambulances

300
calls per month

2,000+
calls since launch

Language access strengthens patient communication

NYU Langone Hospital—Suffolk adopted NYU Langone's Bilingual Competency Program, which enables qualified team members to communicate with patients in their preferred language. This initiative enhances communication, strengthens the patient experience, and helps ensure patients' needs are met effectively while eliminating barriers to care.

40

The Bilingual Competency Program at NYU Langone Hospital—Suffolk now includes **40 team members**, a 28-person increase in one year.

MENTAL HEALTH, ADDICTION, AND HOMELESSNESS

MENTAL HEALTH

Connecting people with serious mental illness to ongoing care

The Enhanced Treatment and Recovery (EnTRy) program offers a team-based model of care for Brooklyn patients with serious mental illness. This evidence-based treatment model, housed at the Family Health Centers at NYU Langone, meets patients where they are and maintains contact with patients who are at risk of disengaging from treatment.

Patients with serious mental illnesses, such as bipolar disorders, major depression with psychosis, and schizophrenia, receive coordinated care by a team of providers: psychiatrists, a nurse, social workers, patient navigators, a case manager, peer specialists, and a team supervisor. Peer specialists, who are linguistically and culturally matched to patients, offer group treatment and one-on-one peer support to augment services provided by therapists and psychiatrists and help keep patients engaged in behavioral healthcare.

Peer specialists visit patients who sought acute care for mental health needs at the NYU Langone Hospital—Brooklyn emergency department or psychiatric unit, make an introduction, explain the importance of continuing treatment after leaving the hospital, and connect patients to outpatient behavioral healthcare at Sunset Terrace Family Health Center at NYU Langone.

The EnTRy program continues to expand services, recently hiring more case managers, peer specialists, and therapists, all trained to provide effective treatment and coordination of care for our communities' most vulnerable individuals.

> National data shows that few people with serious mental illnesses follow up with outpatient behavioral healthcare after a psychiatric hospitalization, resulting in repeated hospitalizations and poorer rates of recovery.
>
> As a result of the EnTRy program, NYU Langone Hospital—Brooklyn psychiatric patients continue treatment after leaving the hospital at a higher rate than the national average.

1,700

1,700 people with the most serious mental health problems in our community, such as psychosis and bipolar disorder, have been served by the EnTRy program since its launch.

Community partnerships strengthen behavioral healthcare

NYU Langone Hospital—Suffolk's Department of Psychiatry partners with an expanding network of local organizations to offer a range of services that support patients during and after a hospital stay. These include peer support groups, enhanced care management, dedicated intake appointments for people referred by social workers from the Substance Abuse and Mental Health Services Administration (SAMHSA) or the Adult Career and Education Service (ACES), and ongoing care for people experiencing a first episode of psychosis. These partnerships create a seamless transition from inpatient hospital care to community-based recovery, bringing services closer to people's everyday lives. Community-based behavioral healthcare is the evidence-based model for expanding access to care, supporting recovery, and improving health and social outcomes.

Self-management improves mental health for people with epilepsy

Living with epilepsy involves unpredictable seizures, lifestyle restrictions, and often mental health challenges. Evidence-based self-management programs provide individuals with practical skills to manage symptoms, build resilience, prevent relapse, and support recovery. Researchers at NYU Langone's Department of Population Health, as part of the Managing Epilepsy Well (MEW) Network funded by the Centers for Disease Control and Prevention, are studying two self-management programs to improve quality of life among people with epilepsy.

The programs are Using Practice and Learning to Increase Favorable Thoughts (UPLIFT), which focuses on depression, and the Program of Active Consumer Engagement in Epilepsy Self-Management (PACES), which addresses epilepsy self-management more broadly. Both programs are delivered by a team of two facilitators via telehealth to small groups of patients. A person with epilepsy serves as a peer facilitator to reduce stigma and share their experience navigating the challenges of living with epilepsy.

After 10 years of research focused on efficacy testing and adaptation for the Hispanic community, the NYU Langone team is now conducting economic evaluations of UPLIFT and PACES. The goal is to promote adoption and sustainability of these programs in routine epilepsy care by demonstrating their cost-effectiveness for improving health outcomes.

> "I value the information I received on how to better care for myself in daily life and set improvement goals. It was very renewing to talk with others having epilepsy and how they deal with it!
>
> **PACES participant**

> "No other program has worked better for me. This group has meant so much to me. It really helped not feeling alone and adopting techniques to help manage stress, be less reactive, and more mindful.
>
> **UPLIFT participant**

South Asian mental health community advisory board

NYU Langone's Department of Population Health established a mental health community advisory board focused on South Asians in response to mental health concerns raised by community-based organizations. The South Asian Mental Health Community Advisory Board meets to discuss issues affecting community members, including domestic violence, access to culturally competent mental healthcare services, public benefits, and immigration. Community organization partners invited the offices of New York City Council Members Linda Lee and Susan Zhuang to present on city mental health initiatives and resources. The meetings have inspired plans to compile and analyze community-based organization client data for presentation to local policymakers, and to conduct health education sessions on mental health and domestic violence for community members.

Social media impacts youth mental health

Marie Bragg, PhD, an assistant professor of population health at NYU Grossman School of Medicine, is leading research on how social media can expose children and teens to serious mental health and safety risks. Social media algorithms focused on viral incentives and advertising can amplify harmful challenges that expose children and teens to serious risks, including dangerous dares, sextortion, and predatory online behavior. "In 2021, the alarming blackout challenge involved people choking themselves until they lost consciousness. At least 15 children ages 12 or younger died in 18 months," said Dr. Bragg. Her research also examines emerging risks from AI-driven tools available to children and teens. In a JAMA Pediatrics viewpoint published this year, she called for stronger protections for minors based on the privacy risks, compulsive use, and manipulation they experience online.

> A commitment to youth health includes a call for accountability and protective social media algorithm design, with communities, institutions, and industry leaders working together to create a safer digital environment for children and teens.

ADDICTION

Drug prevention program trains school communities in opioid overdose response

The Prevention Education Partnership (PEP) program has partnered with NYC Public Schools to provide opioid education and overdose response training to school staff, delivered by our medical experts at the NYU Langone Medical Center. Led by PEP founding director, Larissa Laskowski, DO, and housed in the Ronald O. Perelman Department of Emergency Medicine at NYU Grossman School of Medicine, the program has enlisted over 700 NYU Langone doctors, nurses, and medical students, reaching over 18,000 teens, families, and educators across 350 NYC schools.

Multidisciplinary program trains health professionals to treat addiction

The Multidisciplinary Addiction Training (MAT) Program is a collaborative workforce development program at NYU Grossman School of Medicine, NYU Rory Meyers College of Nursing, and NYC Health + Hospitals/Bellevue, with sponsorship by the NYS Office of Addiction Services and Supports. Up to 20 NYU MAT Scholars per year are current NYC-wide health professional students enrolled in a 1-year addiction medicine and career development part-time training program. Two full-time health professional fellows join each year for a 1-year clinical addiction medicine fellowship, cross-training with NYULH addiction medicine physician fellows.

Through weekly seminars, interactive workshops, and networking sessions with addiction experts at NYU Langone, partner sites, and community organizations, learners gain a thorough understanding of substance use and addiction treatments. The program aims to foster and promote careers in the New York State addiction workforce.

Bringing opioid overdose prevention training to Long Island

NYU Langone Hospital—Long Island's Department of Emergency Medicine delivers in-person training covering opioid-use risks, overdose prevention, and the use of Narcan as a lifesaving intervention. The opioid overdose prevention program continues to gain momentum, with additional sessions scheduled at high schools and libraries. This initiative meets community members where they are and equips them with the knowledge and tools needed to respond to the opioid epidemic.

2,100+

More than 2,100 people have received opioid overdose prevention training from NYU Langone Hospital—Long Island's Department of Emergency Medicine since the program's inception.



Reducing drug overdoses and fatalities

Project UNITE (Undoing Harm & Integrating Services) aims to develop and evaluate an intervention to reduce drug overdose and fatalities among people who use drugs and live in geographic areas with high rates of overdose. The goals of the intervention are to decrease substance use, increase engagement and satisfaction with safety optimization services, expand social support networks, and improve overall quality of life for people who use drugs.

Project UNITE is conducted in partnership with St. Ann's Corner of Harm Reduction in New York City and the Sex Workers and Allies Network in New Haven, Connecticut, two organizations with long-standing trust and credibility in their respective communities. The intervention will be delivered through a randomized control trial to 200 participants (100 in the Bronx and 100 in New Haven) who report recent opioid misuse. The 8-week intervention consists of educational sessions on health and wellness, followed by an individualized assessment and support from community health worker to identify participants' needs and connect them with relevant health and social services.

Measuring the impact of drug policy

Since 2018, the Center for Opioid Epidemiology and Policy (COEP) has worked to reduce overdose deaths and substance-related harms in local communities. COEP evaluates the real-world impact of drug policies, treatment models, and community interventions using advanced data science to measure and forecast overdose trends, and studies how substance use intersects with public health issues such as violence and infectious disease. COEP trains the next generation of public health researchers and shares findings directly with policymakers and practitioners, ensuring evidence translates into effective legislation. Today, COEP is a trusted resource driving equitable responses to the overdose crisis.

Center for Opioid Epidemiology and Policy research highlight

The Resilience, Intersectional Stigma, and Empowerment (RISE) Lab, led by Suzan M. Walters, PhD, has been invited to exhibit its Photovoice research project at academic conferences, public health departments, hospitals, and community events in New York City, Miami, Detroit, Atlanta, and San Juan, Puerto Rico. Photovoice is a community-based participatory research method that helps individuals document their lives and experiences through photography. Working with OnPoint NYC, the RISE Lab provided participants with cameras, training in photography, and guided prompts, then facilitated workshops in English and Spanish to discuss the photographs, identify the themes captured, and share insights about ways policies and practices could be changed. The images and text in the series highlight structural barriers to care, as well as sources of resilience, hope, and joy.



HOUSING AND HOMELESSNESS

Medical respite beds help patients heal beyond the hospital

NYU Langone's medical respite program connects patients to stable housing and social services while freeing hospital beds for those who need them. NYU Langone staff started the program in response to unmet needs among patients who are medically ready to leave the hospital but have no safe environment where recovery can continue.

NYU Langone leases medical respite beds in Upper Manhattan and the Bronx for patients experiencing homelessness or unstable housing through Comunilife, a long-standing housing and social services provider in New York City that aims to equip people with the skills to live independently. In addition to a bed, patients can receive wound care and infusion services from visiting nurses, attend medical and behavioral health appointments, apply for public benefits, and work with housing navigators on next steps to find permanent housing. The program advances quality care beyond hospital discharge, offering patients dignity and stability at a critical point in recovery.

NYU Langone's medical respite program addresses a structural gap in the healthcare system: **Where does a patient go when leaving the hospital is medically appropriate but socially unsafe?**

65%

The increase, from January 2023 to September 2025, in the number of NYU Langone patients in Manhattan with housing instability

57

The average number of days patients stay in NYU Langone's medical respite program

$3,900

The daily cost savings the program accrues by preventing medically stable patients from spending those days in acute inpatient hospital beds

Nurses lead medical care in homeless shelters



The Nurse in Shelter program, part of the Community Medicine Program—Family Health Centers at NYU Langone, expands healthcare access for New Yorkers experiencing homelessness through an innovative telehealth model. Developed in collaboration with the New York City Department of Homeless Services, the program places teams of registered nurses and patient navigators in shelter settings to conduct on-site screenings, identify individuals in need of higher levels of care, and assist patients in navigating complex healthcare systems.

Using iPads and Tyto Care devices equipped with secure video technology, the team facilitates same-day telehealth appointments and connects people to a wide range of services, including behavioral health, internal medicine, substance use counseling, HIV care, and hepatitis C services. This model improves access to care for clients facing mobility and other structural barriers.

In addition to direct care and care coordination, the program hosts monthly events aligned with health awareness themes. These events expand outreach to shelter residents who may be unaware that services are available on-site and help increase visibility, engagement, and connection to care.

Patient navigators are central to the program's success. Beyond facilitating access to healthcare, they advocate for patients who have immigration-related concerns, require NYC Human Resources Administration services, or face other broad social needs. By building trust, fostering rapport, and meeting clients where they are, navigators strengthen care coordination and underscore the value of integrating community-based support roles within clinical care settings to advance equitable, patient-centered care for people experiencing homelessness.

Improving older adults' transitions from homelessness to home

In partnership with the Corporation for Supportive Housing, Care for the Homeless, the NYC Department of Social Services, and a group of four experts with lived experience, NYU Langone's Health x Housing Lab conducted the qualitative Improving Older Adults' Transitions From Homelessness to Home (OATH) study, which explored the multilevel barriers and facilitators to rapidly exiting homelessness and remaining stably housed for people ages 55 and older. Funded by the US Department of Housing and Urban Development, this research fills a gap in understanding the unique health and housing needs of older adults experiencing homelessness as they seek to regain housing.

Importantly, the OATH study also built capacity for community-engaged research that collectively centers the voices of lived experts, nonprofit community organizations, and government partners on the intersecting topics of homelessness and health. The Health x Housing Lab team has been disseminating results from the OATH study alongside community partners at national and local conferences, providing policy and program recommendations to community partners and frontline staff who serve this community directly.

FOOD AND ECONOMIC SECURITY

FOOD SECURITY AND NUTRITION

Hospital improves food security on Long Island

Farmers market fights food insecurity

The NYU Langone Hospital—Long Island farmers market has been held annually for five years and provides staff and community members with access to fresh local produce, grab-and-go food options, and community activities throughout the summer. For 2026, the farmers market expanded their efforts to address food insecurity through the Community Food Access and Nutrition Support Program (CFANSP). This pilot program provides home deliveries of fresh fruits, vegetables, and other nutritious foods to families identified through food insecurity screenings at the NYU Langone Hospital—Long Island Pediatric Center in Hempstead.

The program aims to reduce barriers to accessing healthy food and evaluate whether a healthcare-based food delivery model can improve food access for families. Participants complete food insecurity screenings before and after the program, with feedback collected to help evaluate the pilot and determine opportunities for future expansion.

20

Since June 2026, CFANSP has sent boxes from Farm to People, the market's community-supported agriculture (CSA) partner, to **20 families** in need.



"In addition to the fresh fruits and vegetables usually found in the CSA boxes, these boxes will include a protein, brown rice, bread, and eggs so the families receiving them can make nutritious meals.

Kymona Tracey, MPH

Director of Community Education, Outreach, and Health Benefit, NYU Langone Hospital—Long Island

Hospital-based food pantry advances health beyond medical care

NYU Langone Hospital—Suffolk has opened a food pantry to address food insecurity and other social drivers of health alongside medical care. Led by Michael DeCicco, director of patient experience and culture, and Samantha Suro, supervisor of volunteer and concierge services, the pantry provides nutritious food and resources to patients in need as they prepare to transition home following hospitalization.

Developed in partnership with Island Harvest, the pantry is in the hospital's main lobby, a space selected because it serves as a common pathway for patients and their loved ones before leaving the hospital. Patients who screen positive for food insecurity through the hospital's Social Determinants of Health questionnaire, or who are referred by a member of the care team, are eligible to receive pantry items and nutrition resources at discharge.

The program helps reduce barriers that affect health beyond medical care while supporting patients and families during the transition from hospital to home.

72

NYU Langone Hospital—Suffolk's in-hospital food pantry stocks more than 1,150 nonperishable items and has distributed almost **72 pounds of food** to patients who screened positive for food insecurity so far.

> "By opening this food pantry, we are helping address food insecurity as a critical social driver of health and ensuring that patients have access to nutritious food and supportive resources as they return home. This initiative reflects our commitment to whole-person care and to supporting the well-being of the communities we serve.
>
> **Michael DeCecco**
> Director of Patient Experience and Culture, NYU Langone Hospital—Suffolk



The NYU Langone Hospital—Suffolk Dialysis Center collaborates with Long Island Cares' Farm to Truck program to bring fresh, healthy produce to dialysis patients and community members facing food insecurity or barriers to accessing nutritious groceries.

Multisector partnerships expand food security in Brooklyn

Guided by the principle that physical health is inseparable from access to quality food, economic opportunities, and education, the Family Health Centers at NYU Langone works to reduce food insecurity, which can lead to poor health status, developmental risk in young children, mental health problems, and poor educational outcomes.

The Family Health Centers addresses food insecurity in Sunset Park, Brooklyn, through the Table, a client-choice emergency food pantry, coupled with family support services. This approach has been found to improve self-sufficiency and diet-quality outcomes. Funding from the Sands Foundation and NYU Langone's Community Service Plan has enabled the Family Health Centers to provide fresh produce distribution at three public schools, two older adult centers, and one community-based organization, Mixteca, offering better support to our most vulnerable community members while expanding reach and impact. To ensure the highest nutritional value, the Family Health Centers partners with local farms—Brooklyn Grange and Common Market—to provide culturally relevant fresh produce tailored to the immigrant communities we serve. Together, these seven sites improve food access, health, and well-being across Sunset Park.

8,000+

The Table food pantry of the Family Health Centers supports **over 8,000 families** annually.

Locally grown produce boxes improve community nutrition

Harvest Share, housed in NYU Langone's Department of Population Health, aims to improve diet, transform social and built environments, and promote community well-being for families in Sunset Park and surrounding Brooklyn neighborhoods. Harvest Share builds healthier communities by improving access to nutritious foods and educating families on the grow-cook-eat cycle. The program brings neighbors together through affordable fresh produce boxes featuring unique crops, nutrition education, and hands-on experiences like gardening, cooking demonstrations, and farm tours.

Harvest Share offers sliding-scale or subsidized fresh produce boxes that are grown by local farm partners and feature seasonal vegetables weekly for 20 weeks throughout the summer and fall season. In 2025:

- 132 community members participated in the produce box program and received roughly 12,800 pounds of vegetables, worth a total value of $64,347.
- 788 pounds of produce left over from box shares was donated to the Little Star Early Childhood Center, run by the Chinese-American Planning Council (CPC), for children's congregate meals, worth a market value of $4,725.



In collaboration with the CPC, Glynwood Center for Regional Food and Farming, and Curio, Harvest Share launched Family Box, a yearlong monthly box program that includes locally sourced grains, legumes, nutrition information, and bilingual children's books for Chinese families in Manhattan.

- In the program's first year, families received 4,367 pounds of grains and beans worth $10,275.

Food is medicine for patients with high-risk pregnancies

Access to nutritious food is a critical component of managing chronic illness, and healthcare providers are increasingly partnering with community-based organizations to address this need.

In the Novel Outreach Using Caregiver-Child Relationships to Impact Social Health Needs (NOURISH) program, NYU Langone Hospital—Brooklyn, the Family Health Centers at NYU Langone, and NYU Langone's Faculty Group Practices refer pregnant patients with diabetes or hypertension to the God's Love We Deliver medically tailored meal delivery program. The program is delivered in collaboration with NYU Langone's Department of Obstetrics and Gynecology, Department of Pediatrics, Department of Population Health, Institute for Excellence in Health Equity, and Beyond Bridges initiative.

The community referral model integrates electronic health record and community health referrals to streamline connections between pregnant patients and God's Love We Deliver, increasing enrollment. Children and dependents living in the home are also eligible to receive meals, reducing stress on the family and supporting better health outcomes for everyone.

400+

Through NOURISH, NYU Langone has provided medically tailored meals to **more than 400 pregnant patients** and their families.

New curriculum leads the way in nutrition education

NYU Grossman Long Island School of Medicine launched an integrated nutrition curriculum designed to prepare students to help their patients prevent and manage chronic disease.

Nutrition is now woven into the school's three-year curriculum, combining foundational science, prevention, and clinical application tailored to the realities of primary care, where nutrition plays a central role in preventing and managing chronic diseases such as obesity, diabetes, hypertension, and heart disease. Students build their knowledge in the classroom while simulating patient encounters, preparing to apply nutrition and lifestyle medicine to more complex cases.

> The new nutrition curriculum reinforces NYU Grossman Long Island's identity as a school that trains the next generation of primary care physicians to address the real needs of patients and communities.

ECONOMIC STABILITY AND MATERIAL SECURITY

Clothing closet cares for the whole person

NYU Langone Hospital—Suffolk's Department of Patient Experience and Culture founded its patient clothing closet initiative to address patients' needs beyond medical care. Available to all patients, the closet provides clothing that promotes dignity, comfort, and well-being during times of need. Thanks to the generosity of staff, two clothing drives collected more than 1,000 donated items. The environmental services team also played a key role in preparing and sanitizing donations for distribution. Together, these efforts help ensure patients receive compassionate, whole-person care.



2,100+

Since NYU Langone Hospital—Suffolk opened its clothing closet one year ago, **more than 2,100 items** of clothing have been distributed to patients.

Backpacks help students start the school year strong

Each fall, NYU Langone provides backpacks filled with school supplies to thousands of students across Brooklyn, Manhattan, and Long Island.

NYU Langone distributes backpacks and supplies to families through several community touchpoints. Backpacks are available at the Family Health Centers at NYU Langone, the Emergency Department at NYU Langone Hospital—Suffolk, and NYU Langone Health—Huntington Medical Group. In partnership with local elected officials and community-based organizations, NYU Langone gives out backpacks at back-to-school events. This initiative helps students begin the school year with the supplies they need and helps ease the burden on families who may otherwise struggle to afford these essentials.



NYU Langone collaborates with elected officials, including New York City Council Member Alexa Avilés, to distribute backpacks and school supplies each fall.

CHRONIC DISEASE PREVENTION AND MANAGEMENT

Barbershop program helps prevent worsening blood pressure in black men

The Community-to-Clinic Implementation Program (CLIP) helped slow progression of hypertension in barbershop patrons, providing new evidence that community-based strategies may help prevent worsening blood pressure early in the disease course.

The CLIP trial enrolled 430 Black men across 22 barbershops on Staten Island, focusing on people with elevated blood pressure or untreated stage 1 hypertension. Half of the men were randomly selected to join groups facilitated by community health workers, where they received blood pressure screenings, lifestyle counseling, and connections to clinical care and community resources. The other men remained self-directed in their blood pressure management. The trial found that approximately 7 percent of participants in the self-directed group developed more severe hypertension, compared with about 3 percent of participants in the facilitated group. CLIP demonstrates the potential for community-based prevention strategies, led by community health workers, to improve engagement with clinical care, slow disease progression, and reduce disparities in care and cardiovascular outcomes for Black men.



> Black men in the CLIP study who received blood pressure management support facilitated by a community health worker were less likely to develop severe hypertension than those who did not.

South Asians provide insight on diabetes and depression

Community-Engaged Approach to Supporting South Asians With Type 2 Diabetes at Risk for Depression (CARE) is a community-health-worker-led intervention to address type 2 diabetes and depression in South Asian patients. For this portion of the study, researchers are conducting focus group discussions to understand the causes of type 2 diabetes and depression in South Asians. The CARE team conducted a series of discussions with community members in the Bronx and Brooklyn to understand their health concerns; issues affecting their well-being, such as housing and finances; and interest in digital health technologies. The insights gleaned from these talks will inform next steps in research and community referrals. The discussions were conducted in collaboration with community partners, including Sapna NYC and Council of Peoples Organization, and findings were presented at the 2026 American Diabetes Association conference in New Orleans. The research team is designing the intervention for South Asians in collaboration with community organizations and members.

Community partnership advances type 2 diabetes research

The National Center for Engagement in Diabetes Research (CEDER) provides resources and services to community groups, researchers, healthcare systems, and other partners committed to advancing health across communities that are impacted by diabetes. The center represents a partnership of 10 regional and national community-based organizations and 18 academic institutions, including schools of public health and schools of medicine. NYU Langone's Department of Population Health plays a leadership role in the center. Nadia S. Islam, PhD, is multiple principal investigator and administrative core co-lead, and Chau Trinh-Shevrin, DrPH, is administrative core co-lead. By fostering cross-sector partnerships and providing researchers and community partners with free tools and training, CEDER is advancing innovative, culturally responsive approaches designed to reduce disparities and improve outcomes in communities most affected by diabetes. Supported by the National Institute of Health's National Institute of Diabetes and Digestive and Kidney Diseases, the work aims to integrate community insights with scientific research to effectively address type 2 diabetes.

> CEDER conducted a nationwide needs and assets assessment of representatives from community-based organizations, clinicians providing care for patients with diabetes, academic researchers, and others to identify and better understand what services, support, and expertise are needed to strengthen partnerships in type 2 diabetes research and programs.

Community-led walking groups address hypertension

NYU Langone's Institute for Excellence in Health Equity launched community-led walking groups in neighborhoods that carry a greater burden of health disparities, including poor outcomes resulting from heart disease, diabetes, and stroke, inspired by evidence of the benefits of walking to prevent hypertension. In some neighborhoods, residents do not feel safe walking alone outdoors. To encourage neighbors and friends to get together to walk, the institute works with faith-based organizations to start walking groups across New York City and Long Island.



Faith Baptist Church walking group

Faith Baptist Church created Faith Walkers, a community-led walking group, in partnership with the Institute for Excellence in Health Equity. The group has walked more than 5,230 miles to promote health while building an unbreakable sense of community. For two years, Faith Walkers have encouraged one another through every season, shared their triumphs, and held each other up when the days were tough. Walking together has given the group a renewed commitment to long-term health and to each other.

MATERNAL HEALTH

Group for new mothers reduces postpartum depression

Reach Out, Stay Strong, Essentials for new mothers (ROSE) is a postpartum depression prevention program that focuses on psychoeducation, building social supports, reducing and managing stress, and enhancing interpersonal relationships and communication among pregnant and postpartum women. The program is implemented in a group format by a collaboration between Together Growing Strong, housed in NYU Grossman School of Medicine, and the Family Health Centers at NYU Langone. Women are recruited to join ROSE from the Family Health Centers' clinical and community programs, as well as private healthcare providers in Sunset Park, Brooklyn. ROSE is currently implemented in Spanish, Mandarin Chinese, and English.

ROSE has a robust evidence base and has been shown to be effective in reducing the onset of depression in mothers up to 12 months after delivery. Qualitative data collected by Together Growing Strong in Sunset Park highlights the importance of the social support built into this program.

> Women consistently maintain deep connections with their peers after completion of the ROSE postpartum depression prevention program, enhancing social support and well-being.

Parenting group enhances social connection

The Bonded by Baby program at the Family Health Centers at NYU Langone offers a community-based resource for parents of newborns in Sunset Park, Brooklyn. Launched in collaboration with the nonprofit organization Social Creatures, which developed the model, the 12-week Bonded by Baby program aims to foster strong social connections by providing caregivers with a supportive space to share their experiences. The group meetings provide parents with resources on child development, and the model has been shown to alleviate isolation and enhance overall well-being in the postpartum period.



> "As a mother, it helps to get out of the routine and interact with others.
>
> **Bonded by Baby participant**

Infant CPR training for parents



NYU Langone Women's Wellness OB/GYN—Long Island, in partnership with the Nassau division of NYU Langone's emergency medical services, provides free infant CPR events for parents and caregivers. The program equips families with practical emergency response education and increases confidence in caring for infants at home.

Baby essentials backpacks for postpartum mothers



NYU Langone Women's Wellness OB/GYN—Long Island utilized the Eileen Dunne Memorial Fund—Long Island to provide Baby Essentials Backpacks filled with practical items for newborns. The backpacks are distributed to all postpartum mothers within the practice to support families as they transition home with a new baby and help ensure they have essential supplies from the start. Between October 2025 and August 2026, 200 Baby Essentials Backpacks were distributed, providing broad access to essential newborn items and early support for families.

Certified midwives support labor and delivery

At NYU Langone, certified midwives are fully integrated into the labor and delivery team, working closely with obstetrician-gynecologists and maternal-fetal medicine subspecialists to support patients through pregnancy, birth, and postpartum care. This model allows patients to pursue as natural a birth experience as possible while ensuring access to specialized medical care if complications arise. For many patients, this approach helps preserve the sense of agency and support they want during childbirth, even if plans change unexpectedly.

With 90 percent of midwife-attended births in the United States now taking place in hospitals, NYU Langone offers expectant families the best of both worlds: personalized, relationship-centered midwifery care within a hospital setting equipped for urgent and advanced treatment.

> "I felt like every single midwife really had my back.

Patient spotlight: Juliette Sardou

Juliette Sardou had envisioned giving birth at home. But during a third-trimester prenatal scan, her baby was found to have an irregular heartbeat, and she was advised to deliver in a hospital instead. Her provider referred her to NYU Langone's maternal-fetal medicine and midwifery teams to oversee the remainder of her care.

Community baby shower supports Brooklyn mothers

NYU Langone hosted a community baby shower at Bay Ridge Center in Brooklyn, welcoming expectant mothers and their families. More than 30 families received gift bags brimming with diapers and baby wipes, postpartum cooling pads, toiletries, toys, and books. NYU Langone collaborated on the baby shower with community organizations, including Healthy Families Sunset Park, PlayReadVIP, and the federal Special Supplemental Nutrition Program for Women, Infants, and Children, all of which contributed donations to the gift bags. Baby items were also distributed to several community-based organizations, including the Healing Center, the Pregnancy Center of Staten Island and Brooklyn, the Life Center, the Women's Empowerment Coalition of New York, and Mixteca, to reach more families in community-based settings.

> "In Sunset Park, we are deeply committed to serving all expectant mothers and their babies through the Family Health Center, ensuring they receive compassionate, comprehensive care close to home. Our approach is centered on the meaningful work we're doing within the community: caring for the whole person, expanding access, and supporting families at every stage of their journey.
>
> **Meleen Chuang, MD**
>
> Chief of Obstetrics and Gynecology, NYU Langone Hospital—Brooklyn, and Medical Director of Women's Health, Family Health Centers at NYU Langone



Prenatal nutrition program responds to community needs

The Just Mothers program is an adaptation of an evidence-based nutrition and lifestyle prenatal counseling intervention that aims to address gaps in maternal health through community engagement and implementation science. The program's implementation strategy was co-designed with a community oversight group composed of representatives from community-based organizations, individuals with lived experience of pregnancy in safety-net settings, public health professionals, and clinicians. Guided by the principles of community-based participatory research (CBPR), the group provides ongoing feedback to ensure the program remains responsive to community needs and priorities.

Members of the community oversight group actively contribute to research, quality improvement projects, and dissemination efforts through activities including co-authoring abstracts and manuscripts, participating in maternal health roundtables, attending national and local meetings, and sharing resources that support participants and partner organizations. Through this collaborative approach, the group has strengthened community-academic partnerships and ensures that community voices are integrated into all aspects of this initiative.

Participants report increased knowledge, stronger support networks, and meaningful connections to community resources. The program is currently available in English and Spanish, with new funding secured to expand program to Haitian Creole.

Since the the launch of the Just Mothers program

1,315

women
have been screened

912

participants
have enrolled

SCHOOL READINESS AND SOCIAL AND EMOTIONAL GROWTH

Reading and play reinforce parenting strengths and child development

PlayReadVIP is a relationship-based parent-child intervention developed by Alan L. Mendelsohn, MD, and colleagues in the Department of Pediatrics at NYU Langone. The program supports caregivers in fostering responsive interactions with young children through shared reading, play, and everyday routines during the critical early years.

PlayReadVIP has built a sustainable model for implementation through community health worker services. PlayReadVIP is implemented in pediatric primary care settings across the country, including in Sunset Park, Brooklyn through Together Growing Strong. The program continues to scale across New York and six other states.

NIH–funded randomized controlled trials demonstrate the positive impacts of PlayReadVIP on parent-child interactions and child development, with early impacts associated with improved reading and math achievement in first grade.

PlayReadVIP has built a sustainable model for implementation through community health worker services.



During routine pediatric well-child visits, families are recorded reading or playing together with a developmentally appropriate book or toy provided by the program. A trained PlayReadVIP coach reviews the recording with the parent, highlighting strengths and reinforcing positive behaviors that support early learning and development.

Community networks strengthen children's school readiness

The **Community-engaged Activities, Resources, and Education (CARE)** program delivers culturally relevant activities, resources, and education for families with young children in Sunset Park, Brooklyn, with the goal of strengthening child health, development, and school readiness.

This work is carried out through community-based efforts that strengthen community networks by bringing families together around shared interests and common priorities.

Community

Outreach and engagement to families through events, conversations, community surveys, and social media to understand their needs and preferences as well as promote programs and resources

Activities

Skill-building opportunities and developmentally appropriate activities, communicated through weekly text messages, monthly playgroups, and read-alouds

Resources

Food pantry, backpack giveaways, and swap events

Education

Workshops and webinars including our signature Ready for K series for Sunset Park families with upcoming kindergarteners, supporting a smooth transition from Pre-K to Kindergarten



This summer, the Together Growing Strong CARE team launched its first-ever field trips for CARE families to the New York Aquarium in Brooklyn. Families with high engagement in CARE workshops and playgroups were invited to a fun and educational day of exploration, learning, and connection.

Workshops support families at Long Island Children's Museum

As part of an ongoing partnership with the Long Island Children's Museum through the Together to Kindergarten (TTK) program, NYU Langone Hospital—Long Island offered the interactive "Big Feelings, Little Kids" workshop for parents and caregivers of young children. Though open to everyone, the TTK program was designed specifically for families with children ages 3 to 5 whose parents were educated outside the US, a demographic representing at least 20 percent of the Long Island population.

Workshops provide parents with the skills, literacy support, and socio-emotional tools to be active participants in their children's education. NYU Langone's workshops in the program, which have been attended by more than 60 parents, focus on helping families support kindergarten readiness through play, conversation, and everyday experiences.



Family-school partnerships build stronger futures

The mission of ParentCorps is to help schools partner with families to build a future where all children thrive. As an enhancement to pre-K programs, ParentCorps includes three components: a social-emotional learning program implemented by teachers; a parenting program for families; and professional development for school leaders, teachers, mental health professionals, and parent support staff. The team has applied an intentional place-based, community-engaged strategy to offer ParentCorps in Sunset Park, Brooklyn, as part of Together Growing Strong, providing responsive and adaptive programming to meet the community's needs.

Strong evidence of ParentCorps's impact on children, families, and teachers and return on investment comes from two randomized controlled trials with more than 1,200 Black and Brown children in low-income neighborhoods in New York City. ParentCorps has meaningful and sustained impacts on academic achievement, mental health, and physical health, and it is one of very few early childhood programs with demonstrated impact on all three critical areas of development.

ParentCorps continues to pursue national scale with a stronger focus on their evidence-based professional development. Across two large randomized controlled trials involving more than 9,000 families, parents reported greater trust, stronger communication, and feeling more welcomed by teachers and school leaders who completed professional development.



28,000

In fiscal year 2026, ParentCorps reached **28,000 children** across 18 school districts and Head Start programs in five states and Washington, DC.

Home visiting program enhances school readiness

Sunset Park ParentChild+ is an early literacy, school readiness, and parenting program at the Family Health Centers at NYU Langone that encourages parents to talk, read, and play with their young children. Families receive twice-weekly visits, in which staff members partner with caregivers to strengthen positive parent-child interactions and support children's social-emotional, cognitive, and early literacy development through reading, conversation, and play. The home-visiting program provides access to early childhood services for families who are culturally isolated or not currently accessing these services. In doing so, the program helps families ensure that preschool-aged children are sufficiently prepared for school success once they enter a formal school setting.



HEALTHCARE WORKFORCE DEVELOPMENT AND MEDICAL EDUCATION

NYU Grossman School of Medicine receives inaugural institutional policy award

The award from the National Postdoctoral Association recognizes NYU Grossman School of Medicine's support for postdoctoral scholars and the unique education pathways it offers to prepare the next generation of physicians, including accelerated three-year tuition-free programs in New York City and on Long Island.

Fellowship trains nurses on holistic integrative health

NYU Langone's Lerner Holistic Integrative Health Nursing Fellowship is a nine-month professional development program. The curriculum focuses on holistic, evidence-informed nursing practice and whole-person health through courses approved by the American Nurses Credentialing Corporation. This year, for the first time, a curriculum on environmental health and sustainability was included for nurses to gain a deeper understanding of how green spaces, connection to nature, and environmental stewardship can reduce stress, support healing, and enhance patient experience.

New educational pathways for the next generation of physicians

NYU Grossman School of Medicine prepares future physicians through tuition-free education, personalized training pathways, and new investments in our students. Through a new 3+1 Personalized Pathways curriculum, students can earn a degree in three years and use a fourth year for dedicated research or a dual degree, allowing them to forge their own path. The class of 2026 was the first to graduate through this new curriculum.

These unique opportunities begin before medical school through the Scientific and Technical Education Pathway Programs for Students (STEPPS), led through the Clinical and Translational Science Institute, which pairs students in undergraduate programs with physicians in the health system based on their clinical interests. Nikita Chernetskii—a combat medic, immigrant from Moldova, and member of the class of 2029 at NYU Grossman School of Medicine—was accepted into STEPPS while studying at Hunter College and paired with a mentor in trauma surgery to get invaluable experience before enrolling in his first class.



> "[Participating in the STEPPS program as an undergraduate] showed me that NYU has the best physicians and residency program for general surgery, especially for trauma. I got to see the doctors, the students, the residents of NYU Langone being exceptional.
>
> **Nikita Chernetskii**
> Member of NYU Grossman School of Medicine Class of 2029

Training the next generation of EMTs

The NYU Langone Health Emergency Medical Technician (EMT) Program prepares qualified students to become EMTs. Classes are held at NYU Langone Hospital—Brooklyn over 18 weeks of training. As first responders, EMTs provide emergent basic life support care and treatment in the community, before patients arrive at the hospital.

Upon successful completion of the program, students are eligible to take the New York State Department of Health Exam for EMT–Basic Certification. EMTs can seek employment with private ambulance interfacility companies, hospital-based 911 ambulance services, and municipality-based 911 ambulance services. EMT certification is a step in the pathway to paramedic certification as well as other medical careers. To date, NYU Langone has hired more than 77 graduates.





> “Getting accepted into the EMT program at NYU Langone Hospital—Brooklyn felt surreal. I expected to learn emergency medicine, but I gained so much more: confidence, teamwork, and the ability to stay calm under pressure. More than anything, this experience showed me how much compassion matters. This program has opened doors professionally, brought me closer to my goal of becoming a nurse, and reminded me why I chose healthcare in the first place.
>
> **Yelenca Macias**
> Student in the EMT program

Healthcare job training provides economic opportunities

NYU Langone's healthcare training programs prepare community members for high-demand professions at NYU Langone and other local institutions, helping individuals explore career pathways and secure stable employment, and increasing representation of the communities we serve within our health system. NYU Langone also offers programs for high school students that give them valuable hands-on experience and the opportunity to learn from experts in healthcare fields, preparing them to pursue careers or education within the medical field.

Summer Youth Employment Program

New York City's Summer Youth Employment Program is the nation's largest youth employment program, connecting youth with career exploration opportunities and paid work experiences each summer. This year, NYU Langone will host more than 40 students throughout health system locations in all five boroughs of New York City, including the Family Health Centers at NYU Langone.

Cristo Rey New York partnership

NYU Langone's Cristo Rey New York partnership places high school students in yearlong work-study positions throughout the health system, combining classroom and hospital experience.

Orthopedics High School Mentorship Program

Led by the Department of Orthopedic Surgery at NYU Langone Hospital—Long Island, the Orthopedics High School Mentorship Program offers high school students early exposure to the medical field to encourage future healthcare professionals. Through hands-on demonstrations in suturing, casting, and using operating room equipment and surgical instruments, students experience real aspects of patient care.

Summer Mentorship Program

The Summer Mentorship Program at NYU Langone Hospital—Long Island encourages high school students from diverse backgrounds to consider a healthcare career and builds a pipeline of promising students to careers at NYU Langone. In July, 17 students completed four weeks of didactic and experiential learning, gaining experience providing comfort measures to patients and families on inpatient units.

HE³AT partnership

In collaboration with New York City Public Schools, the HE³AT initiative at NYU Langone Hospital—Brooklyn prepares students from South Brooklyn high schools for careers in clinical research and nursing.



CANCER PREVENTION, NAVIGATION, AND CARE

Bringing cancer care close to home

A cornerstone of Perlmutter Cancer Center's mission is to provide care close to home. We strive to understand the needs of our communities and meet those needs through offering high-quality, cutting-edge care in their neighborhood.

Improving access to advanced clinical services in Brooklyn

As the only NCI-designated Comprehensive Cancer Center in Brooklyn, NYU Langone's Perlmutter Cancer Center is best situated to reduce the burden of cancers on the community and meet the rising demand for specialized oncology services. The integration of the cancer program in Brooklyn encompasses prevention, screening, diagnosis, care, psychosocial support, and access to groundbreaking research.

We are making a growing number of clinical trials available to diverse patient populations who are often left out of such groundbreaking studies. We're beginning to bring the transformative treatment of CAR T-cell therapy to Sunset Park. We're building an infrastructure that shifts the burden of navigating a complex healthcare system away from our patients and onto us.

80%

NYU Langone Hospital—Brooklyn launched its expanded cancer inpatient services in 2024, which helped drive an **80 percent increase** in new patients from Sunset Park, Brooklyn, between fiscal years 2022 and 2025.

Brooklyn Cancer Care Symposium

This year, for the first time, clinicians from more than a dozen specialties held a cancer care symposium to educate the Brooklyn community about advanced cancer care services available at Perlmutter Cancer Center in Brooklyn and NYU Langone Hospital—Brooklyn, including the center's multidisciplinary expertise, innovative treatments, and expanded access to clinical trials and comprehensive cancer services.

Expanding specialty cancer care on Staten Island

On Staten Island, Perlmutter Cancer Center is the only NCI-designated center. The 45,000-square-foot facility provides high-quality cancer care in one location, with access to over 200 clinical trials.

Reducing barriers to imaging services and preventive care on Long Island

Perlmutter Cancer Center expanded access to high-quality outpatient and specialty cancer care in Patchogue, making it more convenient for patients on Long Island to access imaging, infusion, laboratory, and pharmacy services.

In Suffolk County, the opening of NYU Langone Ambulatory Care Patchogue and Perlmutter Cancer Center's new site provide access to specialists trained in treating patients with breast cancer, a range of gynecologic cancers, and pancreatic cancer, with increased infusion services for patients closer to home.

NYU Langone Hospital—Suffolk expanded its imaging network in Suffolk County, making it easier for patients to access screenings. The hospital's Breast Imaging Center expanded Saturday hours for mammograms and breast ultrasounds, allowing patients to complete important preventive screenings without missing work or school.

As part of an integrated health system, cancer imaging offered close to home establishes continuity of care between outpatient facilities and the hospital, reduces delays in diagnosis, and provides faster follow-ups.

Community health workers reduce barriers to cancer care

A key innovation of Perlmutter Cancer Center's expansion in Brooklyn has been the implementation of a care-navigation model that bridges inpatient and outpatient settings. This makes complex cancer care more accessible and addresses social needs along the way. The collaboration across all teams has resulted in a seamless continuum of care and a more personalized experience for each patient.

The Family Health Centers at NYU Langone, NYU Langone Hospital—Brooklyn, and Beyond Bridges are expanding the community health worker program to help more patients complete breast, colorectal, and cervical cancer screening and follow-up care. The first iteration of the Accelerating Cancer Screening program, funded by the Health Resources and Services Administration (HRSA), supported one community health worker, who was based at Adult Medicine Program—Family Health Centers at NYU Langone to address barriers to screening, improve timely follow-up of abnormal results, and help patients navigate appointments, imaging, and procedures. With the support of Beyond Bridges community health workers, the expanded program increases collaboration between the Family Health Centers, NYU Langone Hospital—Brooklyn, and Perlmutter Cancer Center to strengthen access to timely cancer screening, diagnosis, and treatment across Brooklyn communities.

The expanded Accelerating Cancer Screening program will initially focus on four Family Health Center clinics, with a goal of reaching approximately 2,000 patients per year, including individuals who are underhoused or experiencing homelessness.

Early results from the Adult Medicine Program model show promising impact. Breast cancer screening and colorectal screening rates among self-pay patients improved during the HRSA grant period. The program also improved follow-up timelines, including faster review of breast imaging results and shorter time from positive stool test to colonoscopy.

> Bidirectional referrals to address social needs are paramount to achieving improved clinical outcomes and ensuring that we care for the whole patient, not just their cancer.

By helping patients overcome barriers such as transportation, insurance, and other health-related social needs, community health workers are accelerating access to potentially life-saving cancer care.

In her role as a community health worker with Perlmutter Cancer Center and Beyond Bridges, Na Feucht connects patients with community services to help them survive and thrive. Feucht is a proud member of the team at Stamp Out Cancer Brooklyn (SOCB), a community-based initiative led by Perlmutter Cancer Center. A partnership with the Family Health Centers at NYU Langone and the Department of Population Health, SOCB reduces barriers to care by educating patients and connecting them to resources in the community. Whether finding patients transportation, reminding them of the benefits of exercise, or cheering as they ring the bell after cancer treatment, Feucht infuses every interaction with positivity and gratitude.



Speakers Bureau sparks dialogue

The Perlmutter Cancer Center Speakers Bureau connects NYU Langone researchers with community members through one-hour, interactive talks that make scientific findings accessible and build trust in science. Speakers translate complex research into plain, jargon-free language while using engaging formats to spark dialogue. Sessions are offered in community settings and tailored to the cultural and social contexts of each audience, ensuring relevance to local and often marginalized populations. Beyond presenting findings, in these small group sessions, speakers gather community perspectives on study design, recruitment and retention strategies, equity-focused budget priorities, social drivers of health, and data ownership and dissemination practices. Sessions are co-designed with community partners to maximize accessibility and inclusivity. Evaluation results have shown high levels of participant satisfaction, along with increased willingness to consider participating in future research.

This year's scientific experts covered prostate, liver, breast, endometrial, and colorectal cancer research, in partnership with Henry Street Settlement, Williams Institutional CME Church, and Creative Social Solutions.



Cancer center listens to community needs

Cancer health resources and needs assessment

Perlmutter Cancer Center's Community Outreach and Engagement Core is conducting its second Cancer Community Health Resources and Needs Assessment (CHRNA II) in partnership with more than 10 community-based organizations. The assessment aims to identify and update data on cancer-related challenges, needs, and available resources among populations within NYU Langone's Perlmutter Cancer Center catchment area, which includes parts of Manhattan, Brooklyn, Queens, and Long Island.

Findings from CHRNA II will directly inform programmatic and research planning, priority setting, and strategic resource allocation across the center. The assessment will help ensure that future programs, services, and initiatives are aligned with the demonstrated needs and priorities of the communities Perlmutter Cancer Center serves.

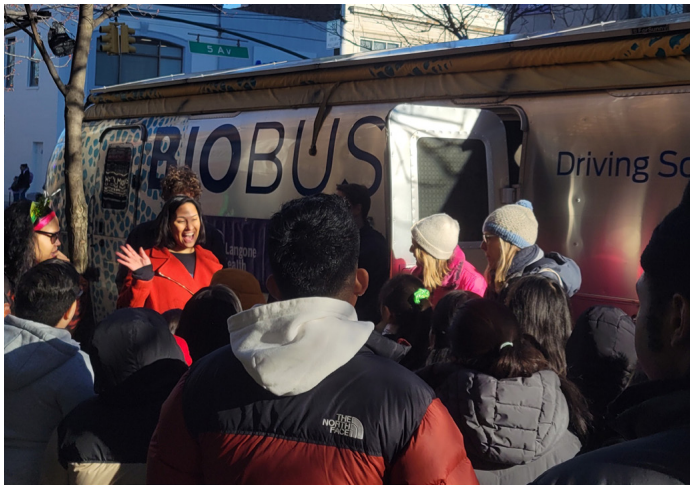
Cancer health listening tour on Long Island

Perlmutter Cancer Center's community engagement and outreach team organized the Listen, Learn, and Let's Build Together: PCC—Long Island Listening Tour, a multiphase community-based initiative conducted across Nassau and Suffolk Counties. Over six months, the tour engaged nearly 40 community-based organizations, social service agencies, and local governing groups to better understand community needs and priorities related to cancer prevention, screening, treatment, and survivorship.

Participants included the Nassau and Suffolk County Departments of Health Services, community and faith-based organizations, prevention coalitions and county task forces, state institutions with a presence on Long Island, Long Island school districts, and cancer-related programs. Discussions with community leaders, healthcare providers, and residents identified social determinants of health and system-level factors impacting cancer prevention, screening, treatment, and survivorship across Long Island. Findings will help inform the center's community engagement priorities and future initiatives.

BRAIN HEALTH AND LONGEVITY

Community events highlight brain health



During Brain Awareness Week, which takes place in March each year, NYU Langone's Institute for Translational Neuroscience brought brain science into community spaces in Manhattan, Brooklyn, and Long Island. At NYU Langone Hospital—Long Island and NYU Langone ambulatory care locations in Garden City and East Meadow, visitors participated in hands-on activities led by stroke unit nurses, and explored brain health through quizzes, memory games, and conversations about different brain conditions.

The BioBus, a mobile neuroscience lab for adults and school groups, parked outside NYU Langone Hospital—Brooklyn and Tish Hospital in Manhattan to give visitors access to different educational activities. Participants touched real human brains, used microscopes to see and identify diseases, and learned about the science of learning and memory care.

Advancing age-friendly care for geriatric adults

NYU Langone is strengthening care for older adults through its Nurses Improving Care for Health System Elders (NICHE) Exemplar Program, an initiative to standardize geriatric best practices across the health system in alignment with the NICHE practice model and age-friendly principles. Since adopting age-friendly health systems principles in 2020, NYU Langone has continued to build on decades of leadership in geriatric nursing at Tisch Hospital and Kimmel Pavilion.

In the community, NYU Langone nurses hold educational events focused on promoting geriatric health and prevention, including fall prevention, home safety, immunizations, chronic condition and medication management, and advance care planning to help elderly people stay informed in their health decisions.

> NYU Langone has been nationally recognized as a designated NICHE Exemplar site since 2014, placing it among leading health systems nationwide focused on improving care for older adults.
>
> Tisch Hospital and Kimmel Pavilion have been recognized by the Institute for Healthcare Improvement as Age-Friendly Health Systems Committed to Care Excellence.

Better sleep prevents cognitive decline

Researchers from the Aging Research in Sleep Equity and Dementia Prevention (ARISE-DP) program at NYU Langone's Institute for Excellence in Health Equity are studying how better sleep can help prevent Alzheimer's disease. The research team, led by Omonigho M. Bubu, MD, found that obstructive sleep apnea is associated with a higher risk of developing Alzheimer's disease, especially for Black and Hispanic patients. This research presents a new opportunity to prevent Alzheimer's disease by targeting sleep disorders and narrow the disproportionate risk of Alzheimer's disease in minority populations.

> Research from NYU Langone's Institute for Excellence in Health Equity found that White patients with obstructive sleep apnea were **1.7 times** more likely, and Black patients with obstructive sleep apnea were **2.2 times** more likely, to develop Alzheimer's disease compared with their counterparts without the sleep disorder.



In recognition of World Brain Day, the ARISE-DP program hosted a Sleep, Brain Health, and Healthy Aging Fair at the Bridge Street AME Church in Brooklyn to share information on sleep health, dementia prevention, and Alzheimer's disease research, along with caregiving resources and research opportunities.

Programs support caregivers and families

Alzheimer's Disease Family Support Program

NYU Langone's Alzheimer's Disease and Related Dementias Family Support Program offers care consultation, support, education, and referrals for family caregivers of people who have Alzheimer's disease or another dementia or trouble with thinking or memory. Services are free of charge and available online and in person for family caregivers across Manhattan, Brooklyn, and Staten Island.

The program offers care consultation, resources, education, and cultural experiences for caregivers and their loved ones. Services include an evaluation of each situation, education to help family members understand the causes and symptoms of memory disorders, individual and family care consultation with a social worker, respite through special programs for people in the early stages of memory and cognitive impairment, and referrals to support groups and other organizations in the community.

Research has shown that caregivers who receive emotional and practical support experience measurable improvements in stress and emotional and physical well-being. The program is led by Mary S. Mittelman, DrPH, and is supported by a five-year grant from the New York State Department of Health.

Stroke survivors support groups

NYU Langone offers support for people and families affected by strokes in New York city and on Long Island. These groups provide connection, education, and peer support throughout the recovery process.

Through NYU Langone's Rusk Rehabilitation, the Young Stroke Survivors Support Group provides an open forum for younger stroke survivors, family members, and caregivers. Participants, ranging from their teens to early 60s, discuss topics including relationships, self-image, employment, dating, aftercare, and current stroke research.

The NYU Langone Long Island Comprehensive Stroke Center hosts an ongoing stroke support group that provides education, peer support, and resources for stroke survivors and caregivers. The group addresses the physical, cognitive, and emotional challenges that can accompany recovery while connecting participants with healthcare professionals and community resources.

Long Island Division of Geriatrics caregiver support program

The Division of Geriatric Medicine at NYU Grossman Long Island School of Medicine supports caregivers through a range of resources providing connection, education, and support. The division's geriatric social worker also facilitates two caregiver support groups for individuals caring for loved ones with memory loss. A monthly virtual group supports adult children caregivers, while a twice-monthly in-person group at the NYU Langone Welcome Center provides support for spousal caregivers.

A mini library at NYU Langone Hospital—Long Island allows patients to borrow books and share them with others, creating a simple way for patients and families to connect through reading. In addition, the geriatric social worker leads a caregivers' book club twice a year in partnership with the Alzheimer's Association of Long Island, providing caregivers with opportunities to connect, share experiences, and discuss resources.

COMMUNITY HEALTH EDUCATION

Comprehensive stroke centers deliver year-round community education

NYU Langone provides ongoing community stroke education to support prevention, early recognition, and timely emergency care across New York City and Long Island. The program provides education on stroke risk factors, BE FAST warning signs, the importance of calling 911, and available resources through hospital-based education tables and community events.

> NYU Langone Hospital—Long Island was among the first health systems on Long Island to offer Advanced Stroke Life Support training to EMS professionals across Nassau and Suffolk Counties.



Regional EMS conducts outreach across Long Island

The emergency medical services (EMS) team at NYU Langone Hospital—Long Island provides free health education, screenings, and safety training to communities across Nassau and Suffolk Counties. EMS staff participate in health fairs, senior expos, and other events offering blood pressure screenings, hands-only CPR and Stop the Bleed demonstrations, infant choking prevention classes, and senior health education. The team also conducts collaborative drills and exercises with local first responder agencies.

89%

Between fiscal years 2025 and 2026, the community outreach program **expanded by 89 percent**, from 534 hours of service to 1,011 hours, including 148 hours in the NYU Langone Hospital—Suffolk community, and certified over 100 people Stop the Bleed or Heartsaver CPR AED training.



Partnership addresses smoking rates in Asian and immigrant communities



The Tobacco Free Community portfolio is led in collaboration with the Asian and Immigrant Communities Against Smoking (AICAS) Partnership, with NYU Langone serving as a key partner in advancing tobacco prevention, cessation support, and public health education for New York City's Asian and immigrant communities. NYU Langone plays a central role in addressing disproportionately high smoking rates in these communities by expanding culturally responsive tobacco treatment support and building partner capacity. NYU Langone has also led development of the WeChat Quit Coach, a culturally and linguistically appropriate mobile messaging smoking-cessation intervention for Chinese-speaking smokers. This innovative program connects individuals with services and support.

Vaccine information guides communities

The mission of the Vaccine Ethics Project is to disseminate information and strategies needed to confront antivaccine advocates by conducting research on strengthening state vaccination laws; educating parents about vaccines; and studying medical, religious, and philosophical exemptions and mandates for healthcare and daycare workers.

For the last four years, the Vaccine Ethics Project has operated the Give One Talk (G1T) Vaccine Information Project. In collaboration with community leaders, G1T develops and delivers vaccine information workshops for New York City communities. The program aims to directly inform community members and directly confront misinformation. The program has been able to reach more than 500 individuals through our outreach efforts and thousands more through presentations at academic, religious, and community organizations.

Partnerships increase injury prevention education for youth

NYU Langone Hospital—Long Island and NYU Langone Hospital—Suffolk's injury prevention teams engage with community organizations, schools, local precincts, and other local partners across Nassau and Suffolk counties to provide injury prevention and safety education. Programs include hands-on training in helmet and bike safety, life jacket safety, car safety, Stop the Bleed, Narcan, and hands-only CPR for children, families, and community members.

Fostering thought leadership on community health issues

NYU Langone brings together experts, community partners, and practitioners to exchange ideas and lead conversations on significant community health issues. Through conferences, summits, and seminars, NYU Langone creates space for collaboration, innovation, and shared learning that supports healthier communities.

Health and... Conference

Hosted by NYU Langone's Department of Population Health, the Health And... Substance Use Prevention, Treatment, and Policy Conference brought together researchers, clinicians, policymakers, and community practitioners to examine evidence-based approaches to substance use prevention, treatment, and policy. Topics included innovative prevention strategies, expanding access to treatment through healthcare and community-based programs, and the role of policy in delaying substance use initiation and reducing harmful use.

Community Health Worker Innovations Summit

Hosted by NYU Langone's Community Health Worker Research and Resource Center (CHW-RRC), the 5th Annual Community Health Worker Innovations Summit brought together community health workers, supervisors, program leaders, and partners for a day of learning and discussion. Topics included preparing community health workers to provide mental health support, promoting workforce well-being, and building sustainable systems to strengthen and sustain the workforce. Building on ongoing partnerships between the CHW-RRC and New York City agencies, speakers from the Mayor's Office of Community Mental Health and the Department of Health and Mental Hygiene offered tangible guidance on Medicaid reimbursement for community health worker services.

Health and Housing Lab Research Seminar Series

NYU Langone's Health and Housing Lab Research Seminar Series highlights research at the intersection of health and housing, with a focus on moving research to action. The lab's May 2026 seminar highlighted how policies targeting unsheltered homelessness, particularly encampment sweeps and similar strategies, affect health, housing stability, and access to services. This discussion brought together leading researchers studying the real-world impacts of encampment policies in major US cities.

Institute for Excellence in Health Equity Faith Summit

Hosted by NYU Langone's Institute for Excellence in Health Equity (IEHE), the 5th Annual Faith Summit: Addressing Mental Health Is the First Step in Addressing Physical Health brought together faith leaders, community partners, researchers, and civic leaders to explore mental health and its connection to overall well-being. Topics included access to counseling, supportive communities, stress management, exercise, healthy sleep, and reducing stigma through open conversation. IEHE's annual summit highlights how the government, schools, houses of worship, workplaces, and health systems can all work together to support community health.

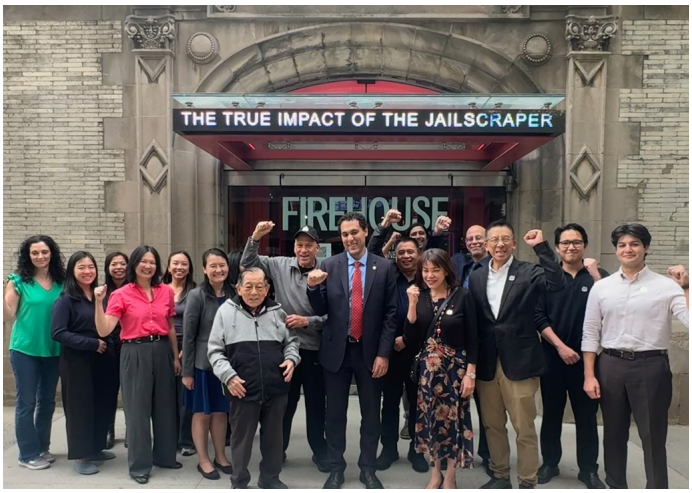


HEALTHY AND SUSTAINABLE ENVIRONMENTS

Partnership advances environmental health protections in Chinatown

Since 2019, the NYU Center for the Study of Asian American Health (CSAAH) in the Department of Population Health has partnered with Chinatown community organizations, including Neighbors United Below Canal and Hamilton-Madison House, to address environmental health concerns related to the demolition and re-construction of the Manhattan Detention Complex (MDC). The MDC project will rise in the center of Chinatown, home to one of the nation's largest Asian American communities.

The partnership began when community leaders raised concerns about how years of large-scale construction could affect older adults and other vulnerable residents. Together, CSAAH and its community partners examine potential health impacts and provide concrete recommendations to protect community health and inform advocacy.



> Our 2026 Environmental Health Impact Assessment identified persistent, localized air pollution near the MDC site and inconsistencies in publicly released environmental monitoring data as ongoing concerns for neighborhood health. This report was developed collaboratively by CSAAH researchers and NYU Langone's Community Service Plan, community advocates, and clinical and environmental health experts from across NYU Grossman School of Medicine. Findings from the report were shared through a May 2026 community town hall and a June 2026 presentation to Manhattan Community Board 1's Environmental Protection Committee.

Urban Honeybee Program strengthens biodiversity

To support biodiversity and strengthen neighborhood resilience, NYU Langone installed and maintains five rooftop beehives as part of its Urban Honeybee Program. These bees help pollinate campus green spaces, community gardens, and local parks within a three-mile radius, supporting healthier urban ecosystems while producing local honey that is shared through farmers markets, gift shops, and special events.

Through honey tastings, educational tours, and patient-facing programming, participants learn about the vital role pollinators play in sustaining urban green spaces. These experiences also highlight the connection between nature and health, showing how access to green spaces and views of the natural world can reduce stress, support comfort, and enhance the care experience.



Local data helps Connecticut youth decrease lead exposure

The City Health Dashboard, created by NYU Grossman School of Medicine's Department of Population Health with support from the Robert Wood Johnson Foundation, provides data on 45+ measures of health for over 1,200 cities across the nation. The Dashboard recently partnered with the Young Women's Christian Association (YWCA) of New Britain, Connecticut, a local community-based organization.

Interactive visuals from the City Health Dashboard website and technical data support from the NYU Langone team empowered leaders in New Britain to use data on lead risk to help explain the heightened risk of lead poisoning in the city's East Side, a community that has historically struggled with poorer health and socioeconomic outcomes. The YWCA New Britain team presented Dashboard maps and results from a recent survey aimed at measuring local lead awareness from more than 100 community members at town halls, community events, and board of health meetings, leading to an increased urgency from city officials to educate the community on the dangers of lead exposure.

The YWCA team also worked with teens enrolled in the Community Health Worker Intern Academy (CHWIA) program to integrate Dashboard lead risk maps into PhotoVoice—a type of community-led, interactive research project featuring photos taken by project participants—on housing conditions on the East Side. Through this effort, the YWCA team was able to engage local elementary-aged children, adolescents and the wider community in lead prevention and safety.



Community Health Worker Intern Academy students use City Health Dashboard maps and visuals to educate others in their community on housing conditions and lead risk.

BETTER HEALTH STARTS WITH A BETTER HEALTH SYSTEM: RANKINGS AND HONORS

NYU Langone Health has more No. 1–ranked specialties than any other medical center in the U.S.*



Vizient's Bernard A. Birnbaum, MD, Quality Leadership Award
No. 1 ranked for quality care out of 122 participating comprehensive academic medical centers



Vizient's Ambulatory Care Quality and Accountability Award
No. 1 ranked physician practice network in the U.S. out of 70 participating ambulatory networks.



Most No. 1–Ranked Specialties in the US* and 13 Specialties in the Top 20 *by U.S. News & World Report*

*four-way tie



Grade A Leapfrog Hospital Safety Grade
Straight A ratings for safety at Tisch Hospital and Kimmel Pavilion in Manhattan, NYU Langone Hospital—Brooklyn, and NYU Langone Hospital—Long Island



Magnet Designation
The only health system* in New York to earn Magnet recognition across all its hospitals

*Refers to multispecialty and multisite hospital organizations



The Gold Seal of Approval®
by the Joint Commission reflects a commitment to continuous improvement and safe, high-quality care



Five-Star Quality Rating
by the Centers for Medicare & Medicaid Services

*2026-27 *U.S. News & World Report*'s Best Hospitals four-way tie for the most No.1 national rankings

MEASURING OUR IMPACT: ACCESS TO WORLD-CLASS CARE

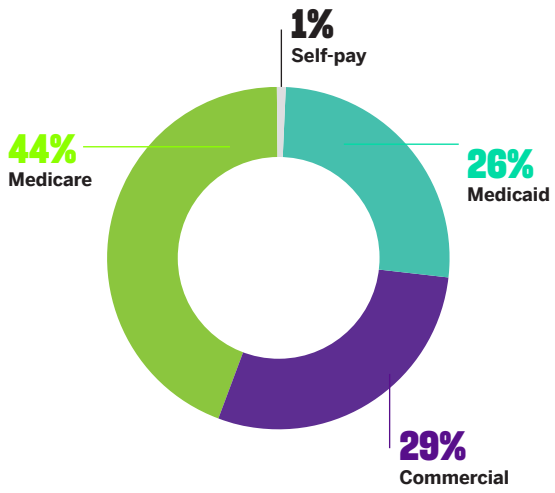
NYU Langone strives to provide medically necessary care to all patients regardless of their ability to pay. We help patients understand their bill from NYU Langone, which includes our Manhattan hospitals (Tisch Hospital, Kimmel Pavilion, Hassenfeld Children's Hospital, NYU Langone Orthopedic Hospital, and Rusk Rehabilitation), NYU Langone Hospital—Brooklyn, NYU Langone Hospital—Long Island, NYU Langone Hospital—Suffolk, and the Family Health Centers at NYU Langone, as well as associated outpatient locations.

Payor mix and navigating insurance coverage

NYU Langone participates in many health plan networks. Each health plan creates a network of doctors and hospitals who have agreed to be in that network. Some health plans use smaller networks for certain services, so it is important for patients to check whether we participate in their specific plan.

Patients who do not have health insurance can call 212-263-1481 to get information about an out-of-pocket cost estimate, or to learn more about our financial assistance policy and their eligibility for subsidized health insurance through programs such as Medicaid.

Nine months ended 05/31/2026 discharges by payor



Price transparency and out-of-pocket costs

Out-of-pocket costs for healthcare services may vary significantly across health systems, even for common procedures. At NYU Langone, we are committed to providing patients with this information up front so they can make the best choice for themselves and their families. More information is available on our website at med.nyu.edu/standard-charges.

Charity care and financial assistance policy

In fiscal year 2025, NYU Langone Hospitals provided more than $141 million in charity care to our patients. We recognize that there are times when patients in need of care will have difficulty paying for the services provided. The hospital provides discounts to qualifying individuals based on income: 100 percent discounts for eligible patients up to 600 percent of the federal poverty level (FPL) and lower discounts for eligible patients up to 800 percent of the FPL. In addition, we can help patients apply for free or low-cost insurance if they qualify. Our Financial Counseling Offices at these convenient locations offer free, confidential assistance.

Manhattan
550 1st Avenue, Room SK
866-486-9847

Brooklyn
150 55th Street, Suite LB 2940
718-630-6252

Long Island
131 Mineola Blvd., Suite 105
516-663-8373

Suffolk
101 Hospital Road, Room NW 1011
631-687-4653

For more information, please visit our website at nyulangone.org/insurance-billing-financial-assistance.

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