# Perlmutter <u>Cancer Center</u>



# **Social Work Services**

# COMMON REASONS WHY PEOPLE CONTACT US

- Financial issues
- Employment concerns
- Transportation needs
- Home meal delivery, home health care, and medical equipment
- Support in communicating with family, friends, or medical team
- Caregiver issues
- Making decisions for future medical care (advance directives)
- End-of-life issues and hospice coordination
- Brief counseling for trouble coping and adjusting to your diagnosis
- Referrals for longer-term mental health counseling
- Referrals to support groups
- Referrals to other support services in your community

# **INDIVIDUAL SUPPORT**

To schedule an appointment with one of the Social Workers, please call them directly or contact the Social Work Department at 516-663-2871.

#### **Brain/Neurologic Cancer Support**

Cara Livoti, LCSW 516-663-2556

#### **Breast Cancer Support**

Cara Livoti, LCSW 516-663-2556

Gastrointestinal Cancer Support Derek Adil, LMSW 516-663-1204

#### Genitourinary Cancer Support Derek Adil, LMSW 516-663-1204

Lung Cancer Support Brittney Creighton, LCSW 516-663-1017

Skin Cancer Support Brittney Creighton, LCSW 516-663-1017

Head and Neck Cancer Support Brittney Creighton, LCSW 516-663-1017

#### Sarcoma Cancer Support

Brittney Creighton, LCSW 516-663-1017

Hematologic and Blood Disorders Support Karen Sheinkopf, LCSW 516-663-1058

**Gynecologic Cancer Support** Karen Sheinkopf, LCSW 516-663-1058



# **CANCER EDUCATION SERIES**

A series of workshops, lectures, and events held throughout the year. Visit nyulangone.org/cancerevents to view the schedule and RSVP.

#### **PATIENT GROUPS**

A cancer diagnosis can create a wide range of emotions. Feelings may include shock, fear, anger, sadness, and a sense of loss and isolation. Joining a support group can help you navigate these emotions and feel more connected.

If you are living with cancer, join us to share your experiences and thoughts while learning from others in a safe, confidential and supportive space.

Before attending, please call for more information and to see if the group is right for you.

#### **Breast Cancer Support Group (45+)**

Held the first and third Tuesday of the month from 2:30 pm-4 pm. Please contact Cara Livoti, LCSW at 516-663-2556 for more info.

# Breast Cancer Support Group for Women Under 45

Held the first and third Monday of each month from 1:00 pm-2:30 pm. Please contact Cara Livoti, LCSW at 516-663-2556 for more info.

#### **General Oncology Support Group**

Held the first and third Tuesday of the month from 11:00 am-12:30 pm. Please contact Karen Sheinkopf, LCSW at 516-663-1058 for more info.

#### Blood Cancer Support Group

Held the first Wednesday of every month from 1:00 pm-2:30 pm. Please contact Karen Sheinkopf, LCSW at 516-663-1058 for more info.

#### Prostate Cancer Support Group

Held the second Friday of the month from 1:00 pm-2:30 pm. Please contact Derek Adil, LMSW at 516-663-1204 for more info.

#### **Gastrointestinal Support Group**

Held the fourth Friday of the month from 1:00 pm-2:30 pm. Please contact Derek Adil, LMSW at 516-663-1204 for more info.

#### **Gynecologic Cancer Support Group**

Held the second and fourth Tuesday of every month from 2:30-4:00 pm. Please contact Brittney Creighton, at 516-663-1017 for more info.

#### Lung Cancer Support Group

Held the second and fourth Monday from 2:30 pm-4:00 pm. Please contact Brittney Creighton, at 516-663-1017 for more info.

#### **Romantic Relationships after Cancer**

A women's group (navigating dating, the impact on marriage, intimacy issues, parenting, relationship dynamics, planning for the future, etc.). Held on the 1st Thursday of every month from 1-2:30 pm. Facilitated by Karen Sheinkopf, LCSW-516-663-1058

#### SPECIAL PROGRAMS

#### Free Legal Assistance Consultations – NYLAG

Appointments are scheduled on Wednesdays from 1-5pm. To RSVP, please contact: 212-731-5806 or coordinate through your Social Worker

#### **Therapeutic Writing Course**

No experience necessary, just a love of writing Wednesdays from 2:30-3:30pm To RSVP, please contact: Carmen Morales, LCSW-R 212-731-6056