



FLU SHOTS



Date:

Time:

Location:

Contact:

- **SIGN-UP IS REQUIRED**
- **ADMINISTERED BY REGISTERED NURSES**
- **WEAR CLOTHING THAT PROVIDES EASY ACCESS TO UPPER ARM**

FLU FACTS FROM THE CDC

- Each year, up to 20% of people in the United States get the flu.
- It can take up to 2 weeks after the flu shot to gain immunity from the virus.
- A person with the flu can be contagious beginning 1 day before showing symptoms and up to 5-7 days after symptoms begin.

For more info, visit www.flu.gov and www.cdc.gov/flu