Please call Aetna and Cigna to determine if they use a carve out plan for behavioral health services. These contracted medical plans manage behavioral health services in house and do not use a carve out behavioral health plan - Agewell, Aphacare, Centerlight, Elderplan, Empire BCBS, Fidelis, HealthFirst, Humana, Magnacare, Metroplus, Multiplan, Partners Health Plan, Senior Whole Health, VillageCare and Local 1199 - This applies to all NYU Langone Hospitals. The only exception is that Long Island and LICH are not contracted with Village Care Max and Metroplus.

Behavioral Health plans
Carelon - Formerly known as Beacon Health Strategies - Amidacare, Centers Plan for a Healthy Living - only the MAP plan. Only NYU Langone Hospital Brooklyn is participating and LICH participates with Amidacare but not Centers Plan.

Metroplus (termed on 10/1/21).
Carelon - Formerly known Beacon Health Options (Emblem Essential, Emblem Exchange, GHI Medicare, GHI HMO, PPO, CBP - BCBS GHI Composite plan, HIP Commercial, HIP Medicare, HIP Medicaid, VNS, and NYSHIP - The Empire Plan) only NYU Langone Hospital Brooklyn and LICH are participating.

Cigna Behavioral Health (CBH) - NYU Langone Hospital Brooklyn and LICH are participating and NYU Tisch/Orthopedic hospitals are participating with CBH NYU students only.

Optum (United/Oxford Commercial plans and United Community plans) NYU Langone Hospital Brooklyn and LICH are participating with UHC/Oxford Commercial plans & Tisch and Orthopedic are participating with Oxford Commercial and UHC for the NYU Langone Hospitals Employee plan. All NYU Facilities are participating with the United Community plans except for LICH.

Managed Health Network (Tricare) only NYU Langone Hospital Brooklyn and LICH are participating.

Magellan Health (US Family Health) only NYU Langone Hospital Brooklyn and LICH are participating.