

Bereavement Support 2024

Special Topics Webinars via WebEx

Complicated Grief: Becoming Unstuck to Move Forward

Tuesday, March 26 6:30-8:00pm

How to Manage Anger in the Grief Process

Tuesday, June 11 6:30-8:00pm

Disenfranchised Grief: Managing hidden sorrow

Tuesday, October 8 6:30-8:00pm

Remaining Resilient through the Holidays

Thursday, December 12 6:30-8:00pm

All Bereavement Groups in person except marked Webex

Daytime Group

Meets weekly for four sessions (For Widows/Widowers only)

Webex Only

Beginning Tuesday, February 20 12:00-1:30pm

Evening Group

Meets weekly for four sessions (For LGBTQ+ individuals and their allies)

Webex Only

Beginning Thursday, April 11 6:00-7:30pm

Evening Group

Meets weekly for four sessions Beginning Tuesday, May 14 6:00-7:30pm

Evening Group

Meets weekly for four sessions (For Spanish speaking individuals)

Beginning Thursday, May 30 6:00-7:30pm

Daytime Group

Meets weekly for four sessions (For Widows/Widowers only and for

NYU Langone employees only)

Webex Only

Beginning Tuesday, June 18 12:00-1:00pm

Daytime Group

Meets weekly for four sessions

Webex Only

Beginning Tuesday, July 30 12:00-1:30pm

Daytime Group

Meets weekly for four sessions (For LGBTQ+ individuals and their allies and for NYU Langone employees only)

Webex Only

Beginning Thursday, September 5 12:00-1:00pm

Evening Group

Meets weekly for four sessions (For NYU Langone employees only)

Webex Only

Beginning Tuesday, October 22 6:00-7:00pm

Evening Group

Meets weekly for four sessions

(For Widows/Widowers only)

Beginning Tuesday, November 19 6:00-7:30pm