



## GEN Y&Z

# Peer Support Program

This program provides an opportunity for young adults with physical disabilities to engage with one another and hang out. The group is facilitated by our staff and is a safe space for creating friendship and community.



### MISSION

To provide a welcoming environment for young adults with physical disabilities to connect with peers, build community, and practice socialization skills.

### MEETING SCHEDULE

This program meets virtually twice a month and in-person once every 3 months.

**Virtual Meeting** is on the 1st & 3rd Friday of the month from 4:00-5:00pm.

**In-Person Meeting** once every 3 months to offer an opportunity to connect with each other in a way that virtual meetings might not be able to replicate.



### THIS PROGRAM IS LED BY

Connie Lam, IWD Director

To register, please contact Connie at 646-754-1353

**Zoom Meeting ID: 979 1574 0706**

**Zoom Passcode: 2125986429**

