



CONTACT YOUR INSURANCE CARRIER

Aetna

<https://www.aetna.com/individuals-families/member-rights-resources/member-services.html>
888-702-3862

Affinity

<http://www.affinityplan.org/Contact-Us/Reach-Out-to-Us/Phone-Numbers/Phone-Numbers/>
866-247-5678

Cigna

<https://www.cigna.com/about-us/contact-us/>
800-244-6224

Empire

<https://www.empireblue.com/contact-empire-blue>
866-755-2680

Fidelis

<https://www.fideliscare.org/Member/Members/InsuranceTermsExplained>
1-888-343-3547

GHI/HIP – Emblem Health

<https://www.emblemhealth.com/Members/City-of-New-York-Employees/HIP-HMO-Preferred/Customer-Service>
800-447-8255

Oxford

<https://www.uhc.com/obm/for-members>
800-444-6222

MetroPlus

<https://www.metroplus.org/>
212-908-8600

Multiplan

<https://www.multiplan.com/member>
800-922-4362

United Healthcare

<https://www.uhc.com/contact-us/for-members>
866-414-1959