



NYU Langone Weight Management Program

WHAT DO I NEED TO SCHEDULE MY SURGERY?

AS SOON AS YOU GET HOME CALL YOUR INSURANCE!

Procedure Codes:

Laparoscopic Gastric Banding	43770
Laparoscopic Gastric Bypass (Roux-en-Y)	43644
Laparoscopic Sleeve Gastrectomy	43775
Diagnosis Code (ICD-10): Morbid Obesity	E66.01

- Confirm that you do **NOT** have any **exclusions** or **waiting periods** for **Bariatric Surgery** (aka weight loss surgery) or **weight loss management** and that you have covered benefits for morbid obesity;
- Confirm that you are **not** required to utilize a specialized network. While we may participate with your insurance, your insurance plan may require that your surgery is performed at one of their preferred hospitals, which NYU Langone Tisch hospital may not be considered. Examples are Aetna's IOQ;
- If we do not participate with your insurance plan **confirm** if you have **out-of-network benefits**, and what they are;
- Write down** the name of the insurance representative you spoke to and the date you spoke with them!!

Insurance representative's name: _____

Date: _____

Most insurance companies request that you have following requirements before they will consider authorizing your surgery:

- BMI of 40 or greater OR a BMI between 35-39 with 2 co-morbid illnesses (i.e. hypertension, diabetes, sleep apnea);
- Six (6) months of medically supervised diet and exercise history documented by month/visit. This must include the diet plan and should be within the last 2 years;
- Psychological evaluation;
- Nutritional assessment; and
- Letter of recommendation from physician.



In addition to the above requirements some insurance carriers will request documentation outlining that you have had a long (multi-year) history of obesity, anywhere from 2 to 5 years. This must be well documented by your physician, in the form of one office note per year. Documentation must include your weight and the weight loss recommendations discussed at each visit.

- Call our office (866-886-4698) – to schedule a consultation with one of our surgeons. At this appointment please bring the following:**
 - Bring any required (if applicable) insurance referrals** on the day of your appointment with our office;
 - Bring a copy of any recent blood-work within the last three (3) months** from your physician to our office;
 - Bring a letter of medical recommendation** to our office – this letter should include a statement regarding any existing co-morbidities, previous weight-loss attempts, and explain why you are being referred for surgery. This letter typically comes from your PCP;
 - Bring all weight loss attempt documentation and multi-year history of obesity** to our office;

- Schedule your psychological evaluation** (Dr. Huberman NYC/Pomona – 212-983-6225 or Dr. Rivera – Brooklyn – 917-991-0774). Insurance is not accepted.

- Schedule your nutritional consultation** in our NYU Manhattan office @ 530 First Avenue (call 866-886-4698).

IMPORTANT REMINDERS:

- Completing all insurance plan requirements is not a guarantee of coverage. After attending or viewing our online information seminar, undergoing a nutritional and psychological assessment and meeting with the surgeon we still cannot guarantee that your surgery will be approved. Only your insurance company can approve surgery!

NYU Langone Weight Management Program Fees and Policy Outline



Financial Policy

Healthcare benefits and coverage options are becoming increasingly complex. We have developed this policy to detail our financial requirements to help you better understand your responsibilities.

It is *your responsibility* to know if your insurance has specific rules or regulations, such as the need for referrals from your primary care physician, pre-certification, limits on outpatient charges, specific physicians and/or hospitals to use. You should be knowledgeable of any deductibles, co-payments, and/or coinsurance. This applies to all payers regardless of whether or not our physicians participate.

The responsibility for payment of fees for services is the direct responsibility of the patient. Your health benefit plan is an arrangement between you, the enrollee and the insurance company, HMO or your employer. Your health benefit plan determines your coverage, requirements, and establishes the limit on your coverage for medical services based on what they determine is medically necessary. However, we will do our best to assist you with understanding your proposed treatment and in answering questions related to your insurance.

Fee Schedule* (* fee subject to change at the discretion of the program without advance notice)

Consultation	If we do not participate with your insurance plan full payment is expected at the time of service.
Program Fee	Full payment is due at initial nutritional consultation. Insurance is not accepted. Payment is expected regardless of whether or not you undergo surgery.
Psychological Evaluation	Full payment is due at time of service. Insurance is not accepted.

Payment Policy Schedule* (* fee subject to change at the discretion of the program without advance notice)

Co-payments	Full payment is due at time of service.
Deductible and coinsurance	Full payment is due at time of service.
Non-covered service	Full payment is due at time of service.
Non-participating insurance plan	Full payment is due at time of service.

If your surgery has been approved on an out-of-network basis, as a courtesy, a claim will be submitted to your insurance; however you will receive a statement within 45 days of your surgery.

Missed Appointments (* fee subject to change at the discretion of the program without advance notice)

- Office Visits: \$75.00 A minimum of 24 hour’s (1 business day) cancellation notice is required.
- Procedure/Surgery: \$250.00 A minimum of 5 business days cancellation notice is required.

Return Check Fee \$25.00

IMPORTANT

Aetna patients please read!

AETNA PATIENTS!!!! We are **NOT** an Aetna Institute of Quality ("IOQ") participating facility.

What does this mean? Some Aetna plans require that their members use an Aetna IOQ facility. If your plan has this requirement, you will not be able to have surgery with one of our surgeons unless you are planning to pay 100% for your surgery out-of-pocket and not utilize your insurance.

To confirm if your Aetna plan mandates this requirement you can Visit **aetna.com** and log on to the **Aetna Navigator**.

Please note – this addendum ONLY applies to Aetna IOQ plans. All other Aetna plans are ACCEPTED.

THE MOST IMPORTANT THING YOU CAN DO BEFORE SCHEDULING YOUR APPOINTMENT WITH OUR OFFICE IS TO:

- Contact your insurance company and confirm if they mandate that you utilize a specialized in-network facility (IOQ)
- Confirm that your plan does not have any exclusions and covers weight loss surgery for morbid obesity



Insurance Plan Participation - as of 3/2019 *(subject to change)*

- Aetna
- Cigna
- Empire Blue Cross
- Empire Gov't Plan (NYSHP)
- Fidelis
- GHI Emblem
- Health First
- HIP Emblem
- Humana Medicare
- Local 1199
- Magnacare
- Medicare
- Multiplan/PHCS
- Oxford
- Oxford Medicare
- TriCare
- United Healthcare
- United Healthcare Community Plan
- United Healthcare Medicare
- Veterans Choice
- **New York State Exchange Plans**
- BCBS Pathway Exchange
- Fidelis – all Metal level plans
- Oxford – SHOP Plans

If you have out of network benefits our Billing Coordinator can assist you

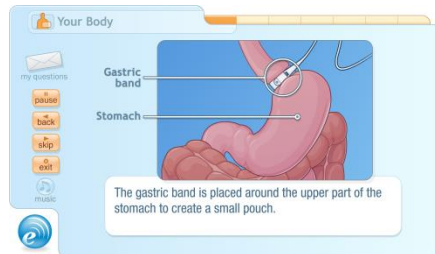


Watch your Emmi® program

An EMMI program is an animated, online presentation that your surgeons at NYU - New You program wants you to watch. It is a free and easy way to learn about your chosen surgical procedure as well as get answers to common questions that patients have. Watch it as many times as you would like and share it with your family and friends."

Instructions

It's simple. All you need is Internet access. Then follow these steps:



1. Go to: www.my-emmi.com/nyubariatrics
2. Enter your information
3. Select the program you want to watch
4. Click "Enter" to get your access code

EmmiPrep® Gastric program
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Please watch any of the Emmi programs listed below that you are interested in:

Gastric Banding (Adjustable)

Gastric Bypass

Sleeve Gastrectomy



For assistance accessing Emmi programs, please call **866.294.3664** or email **support@emmisolutions.com**.

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NYU Langone Health Bariatric Surgery Program Fee

The program fee is non-refundable and is not billable to insurance. This fee does not cover any charges including copays, co-insurance or deductibles for provider visits, hospital bills, etc.

Payment is due at the time of the initial nutritional evaluation. It will be assumed that at this time that there are no medical or surgical contraindications that were determined by the surgeon during surgical consultation.

What does the fee cover?

- Initial one-on-one nutritional consultation
- Bariatric Nutrition Orientation class and/or pre-surgery nutrition education/counseling
- 3-6 month supervised pre-surgery nutrition weight loss program if meets insurance criteria
- 1 body composition analysis, prior to surgery
- Support groups
- Education materials

*If your insurance does not accept supervised pre-surgical weight loss visits with a dietitian only, you may be responsible for any visit co-pays, deductibles, etc.

Program Fee Frequently Asked Questions

Am I required to pay the fee?

Yes, all patients in our program are required to pay the \$335.00 program fee.

What is the fee used for?

The fee is used to pay for nutritional services including pre-operative nutritional consultation, preoperative nutritional education and counseling, support groups and educational materials.

Does my insurance cover the \$335.00 fee?

No, unfortunately this fee is not covered by health insurance.

When do I have to pay the fee?

This non-refundable fee is due at the time of your initial consultation with the dietitian.

Can I see the surgeon first and then pay?

Of course! In fact, we suggest that you schedule your nutritional consultation **after** your psychological assessment. Remember that we cannot submit a request for prior authorization without **both** your **psychological and nutritional assessments**. Payment is due before you meet with the dietitian and undergo your initial evaluation.

Can I get a refund if I change my mind?

The \$335.00 Program Fee is **NOT** refundable. Payment of the program fee is not dependent upon whether or not you undergo surgery.

****Please note the Program Fee is subject to change***