Hempstead
Data at a Glance

Nassau County
New York

Hempstead is the most populous village in Nassau County. Residents value its cultural richness, location, and sense of community. Community-based organizations offer resources and support.
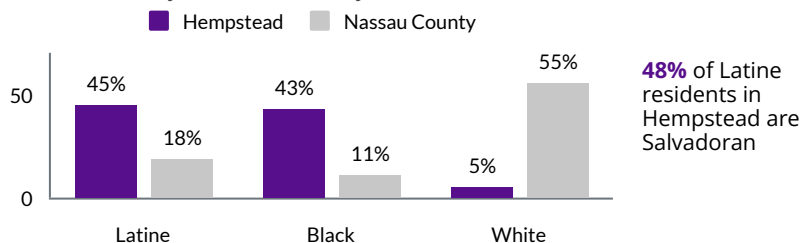
Population
59,000

Most residents in Hempstead are Latine or Black. More than one-third of residents were born outside the United States. Nearly one-half of residents speak a language other than English at home, with Spanish being the most common. Educational attainment is lower in Hempstead than Nassau County.
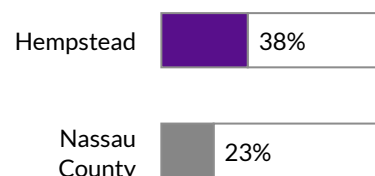
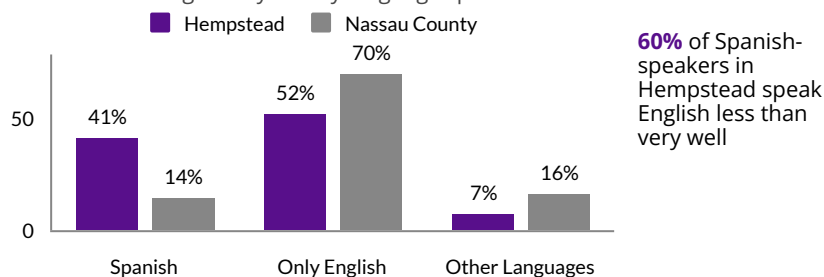### Race and Ethnicity

% individuals by race and ethnicity

Legend: Hempstead | Nassau County

- Latine: Hempstead 45%, Nassau County 18%
- Black: Hempstead 43%, Nassau County 11%
- White: Hempstead 5%, Nassau County 55%

48% of Latine residents in Hempstead are Salvadoran

Home Language

% individuals aged 5+ years by language spoken at home

Legend: Hempstead | Nassau County

- Spanish: Hempstead 41%, Nassau County 14%
- Only English: Hempstead 52%, Nassau County 70%
- Other Languages: Hempstead 7%, Nassau County 16%

60% of Spanish-speakers in Hempstead speak English less than very well

Birth Place

% individuals born outside United States

- Hempstead: 38%
- Nassau County: 23%

Educational Attainment

% individuals aged 25+ years by education

Legend: Hempstead | Nassau County

- High School Degree or More: Hempstead 76%, Nassau County 92%
- Bachelor's Degree or More: Hempstead 20%, Nassau County 49%

Income

Hempstead is a working-class neighborhood. Wages earned by Hempstead workers are lower than wages of workers in Nassau County. A higher percent of Hempstead residents live in households with incomes below the poverty level than residents in Nassau County.

Average Earnings for Workers

Median earnings for workers aged 16+ years

- Hempstead: $39,703
- Nassau County: $62,836

Poverty

% individuals below poverty level

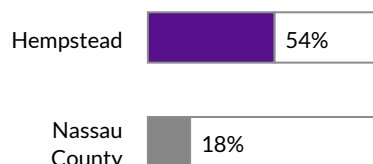- Hempstead: 15%
- Nassau County: 5%
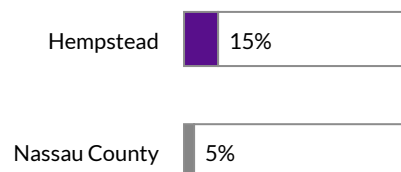
Housing and Vehicle Access

More than one-half of housing units in Hempstead are renter-occupied.

Hempstead is a public transportation hub. Nearly one-quarter of households in Hempstead do not have access to a vehicle, more than three times the rate as Nassau County.
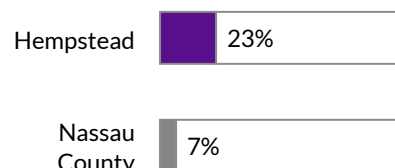
Home Ownership

% housing units renter-occupied

- Hempstead: 54%
- Nassau County: 18%

Vehicle Access

% housing units with no vehicle available
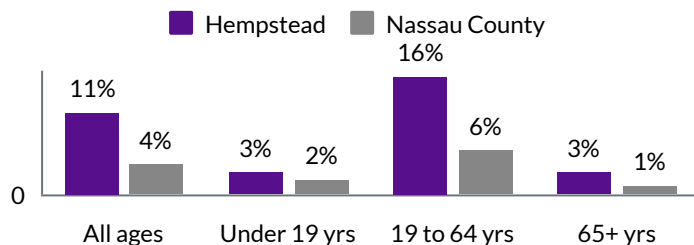
- Hempstead: 23%
- Nassau County: 7%

Source: American Community Survey, 2019-2023

Health Insurance

A higher percent of Hempstead residents lack health insurance than residents in Nassau County. This is largely due to the difference in health insurance rates for adults 19 to 64 years old, including many employed adults, who do not have health insurance. Hempstead has a higher percent of residents with public health insurance than residents in Nassau County.
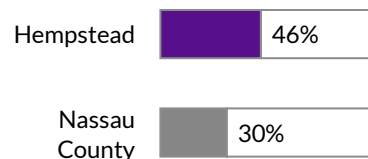
No Health Insurance

% individuals without health insurance, by age group

Legend: ■ Hempstead ■ Nassau County

Age group	Hempstead	Nassau County
All ages	11%	4%
Under 19 yrs	3%	2%
19 to 64 yrs	16%	6%
65+ yrs	3%	1%

Public Health Insurance

% individuals with public health insurance

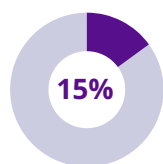|	
Hempstead	46%
Nassau County	30%

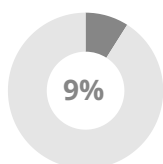*Source: American Community Survey, 2019-2023*

Adult Health

Rates of diabetes, obesity, and high blood pressure are higher among adults living in Hempstead than Nassau County.
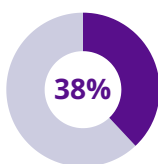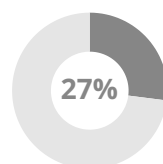
Diabetes
- Hempstead: 15%
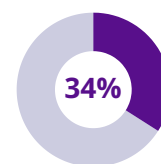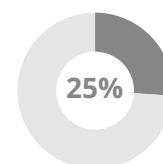- Nassau: 9%

Obesity
- Hempstead: 38%
- Nassau: 27%

### High Blood Pressure
- Hempstead: 34%
- Nassau: 25%

Source: CDC PLACES, 2021, 2022

Potentially Preventable Hospitalizations

Potentially preventable hospitalizations include acute illnesses and chronic conditions that may have been avoided with better access to primary care. Rates of potentially preventable hospitalizations are higher in Hempstead than Nassau County.
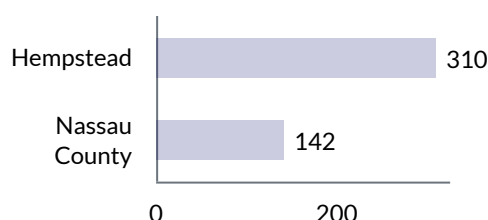
Age-adjusted rate per 10,000 adults

Hempstead	227
Nassau County	91
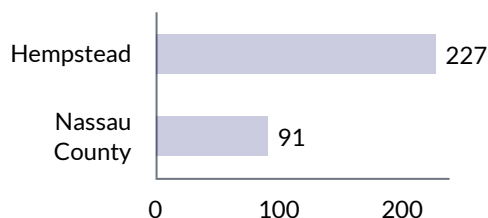
Source: NYS SPARCS, 2019-2022

Opioid-related Deaths and Hospitalizations

Hempstead has the second highest rate of opioid-related deaths and hospitalizations of all zip codes in Nassau County.

Crude rate per 100,000 adults

Hempstead	310
Nassau County	142

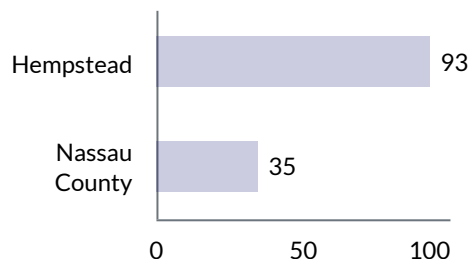*Source: NYS SPARCS and Vital Statistics. 2022*

Children's Health

Rates of asthma-related emergency department (ED) visits among children aged 0 to 17 years are higher in Hempstead than Nassau County.

Hempstead has the highest teen birth rate of all zip codes in Nassau County.

Asthma-related ED Visits

Rate per 10,000 children aged 0 to 17 years

Hempstead	93
Nassau County	35

Source: NYS SPARCS, 2019-2022

Teen Births

Rate per 1,000 girls aged 15 to 19 years

Hempstead	30
Nassau County	5
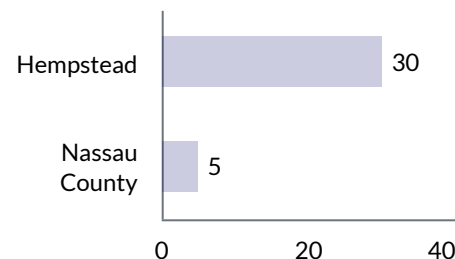
Source: NYS Vital Statistics, 2020-2022

Hempstead: Data At A Glance: Data Source Notes

Measures	Data Source	Data Obtained From	Geography
* Total Population * Percent of population who identify as Black * Percent of population who identify as Latine * Percent of population who identify as White * Percent of population born outside the United States * Percent of population ages 5 years or older who speak Spanish * Percent of population ages 5 years or older who speak Spanish at home who speak English less than very well * Percent of population ages 25 years or older who have at least a high school degree * Percent of population ages 25 years or older who have at least a bachelor's degree * Median annual earnings for workers ages 16 years or older * Percent of individuals for whom poverty status is determined who live in households with incomes below the Federal Poverty Level * Percent of households with no vehicle available * Percent of households renter-occupied * Percent of individuals with public health insurance * Percent of individuals with no health insurance, by age group	American Community Survey, 2019-2023	US Census Bureau data.census.gov	Village of Hempstead (Hempstead Census Designated Place)
* Percent of adults ages 18 years or older ever told high blood pressure [a] * Percent of adults ages 18 years or older with obesity (body mass index ≥ 30) [a] * Percent of adults ages 18 years or older ever told diabetes [a]	CDC PLACES, 2021 CDC PLACES, 2022	CDC PLACES cdc.gov/places	Village of Hempstead (Hempstead Census Designated Place)
*Potentially preventable hospitalizations, age-adjusted rate per 10,000 adults ages 18 years or older	NYS SPARCS, 2019-2022	NYS DOH Prevention Agenda Dashboard	Zip code 11550
*Opioid related deaths and non-fatal hospitalizations, rate per 100,000 adults ages 18 years or older	NYS SPARCS and NYS Vital Statistics, 2022	NYS Opioid Dashboard	Zip code 11550
* Asthma-related emergency department visits, rate per 10,000 children ages 0 to 17 years	NYS SPARCS, 2019-2022	NYS DOH Prevention Agenda Dashboard	Zip Code 11550
* Teen birth rate per 1,000 girls ages 15-19 years	NYS Vital Statistics, 2020-2022	NYS DOH Perinatal Data Profile	Zip Code 11550

[a] age-adjusted to US 2000 Standard Population

Questions/Comments: Contact the Brooklyn Data Station (brooklyndatastation@nyulangone.org)

October 2025

NYS Opioid Dashboard https://apps.health.ny.gov/public/tabvis/PHIG_Public/opioid/

NYS DOH Prevention Agenda Dashboard https://apps.health.ny.gov/public/tabvis/PHIG_Public/pa/

NYS DOH Perinatal Data Profile https://www.health.ny.gov/statistics/chac/perinatal/