



IMPORTANT INFORMATION: **How the Dance Clinic Works**

Welcome to the *Dance Clinic* of the Harkness Center for Dance Injuries. The clinic is staffed by a team of senior health professionals (orthopaedists, sports medicine physicians, physical therapists, athletic trainers) specially trained in dance medicine. The Harkness Center is part of the NYU Langone Medical Center, a teaching hospital where junior physicians are trained under the supervision and guidance of the senior staff.

You will be evaluated by several medical professionals during your visit to the dance clinic today. First, a junior physician in the NYU Langone Medical Center will interview and examine you. A senior dance physical therapist or athletic trainer may also be present in the room during this examination.

Following this, a senior physician specializing in the treatment of dance injuries (either an orthopaedic surgeon or a sports medicine physician) will evaluate you. This evaluation will often include teaching and discussion with the other clinical staff.

The senior physician will discuss your diagnosis with you and may recommend further diagnostic testing such as x-ray, MRI, or bone scan. A treatment plan which may include home exercises, dance technique modification, physical therapy, bracing, shoe inserts, medication, injection, and/or surgery will be proposed and discussed. Our healthcare team will address all questions and concerns that you have.

Because the Harkness Center for Dance Injuries is recognized globally for its leadership and expertise in the area of dance medicine, we receive requests from healthcare practitioners worldwide to visit and observe our physicians, physical therapists and athletic trainers at work. Therefore, on occasion, there may be medical observers (other than those already mentioned above) present in the exam room. In keeping with the hospital's privacy practices, all persons will be introduced to you and if you wish, you may request that only the NYU Langone Medical Center personnel remain in the room.

The Harkness Center for Dance Injuries is committed to providing you with quality health care from experienced professionals in dance medicine. It is important to us that your injury be thoroughly evaluated and that all of your questions and concerns be addressed. Please keep in mind that this type of comprehensive evaluation takes time. As a result, your visit with us today is likely to take longer than a typical visit to a physician's private office.

If you would prefer a more private or one-on-one evaluation, you may request to be scheduled for an appointment at the senior physician's private office. Please let us know.