



Doc Type: 100131

### PATIENT CONSENT TO THE RELEASE OF RECORDS FOR NYS EXTERNAL APPEAL

The patient, the patient's designee, and the patient's provider have a right to an external appeal of certain adverse determinations made by health plans. In the event an external appeal is filed, a consent to the release of medical records, signed and dated by the patient, is necessary. An external appeal agent assigned by the New York State Insurance Department will use this consent to obtain medical information from the patient's health plan and health care providers. The name and address of the external appeal agent will be provided with the request for medical information.

I authorize my health plan & providers to release all relevant medical or treatment records related to the external appeal, including any HIV-related information, mental health treatment information, or alcohol / substance abuse treatment information, to the external appeal agent. I understand the external appeal agent will use this information solely to make a decision on the appeal & the information will be kept confidential and not released to anyone else. This release is valid for one year. I may revoke my consent at any time, except to the extent that action has been taken in reliance on it, by contacting the New York State Insurance Department in writing. I understand that my health plan cannot condition treatment, enrollment, eligibility, or payment on whether I sign this form. I acknowledge that the decision of the external appeal agent is binding. I agree not to commence a legal proceeding against the external appeal agent to review the agent's decision; provided, however, this shall not limit my right to bring an action against the external appeal agent for damages for bad faith or gross negligence, or to bring an action against my health plan.

\_\_\_\_\_  
Signature of Patient (or Financially Responsible Party)

\_\_\_\_\_  
Relationship to Patient

\_\_\_\_\_  
Date

(Or the patient's representative who can consent to the release of the patient's medical records. If a parent signs for a minor child, indicate the age of the child. If a guardian or executor signs, include proof of the appointment.)

Print Name: \_\_\_\_\_

Patient's Health Plan ID#: \_\_\_\_\_



Efficiency & Quality Improvement  
Programs  
Patient Disclosure

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At NYU Langone Medical Center (NYULMC), we work hard to always give you the best possible care. We also try to keep the cost of your care as low as possible. As health care costs get higher, we look for better ways to provide high quality, patient-centered care.

The Medical Center is now part of two improvement initiatives that hope to do just that. As part of these initiatives, NYULMC has set specific goals to:

- improve efficiency
- decrease unnecessary costs
- provide safe, effective, excellent patient care.

The first initiative works with other hospitals in New York to improve efficiency and quality. All patients are a part of this initiative except those whose care is covered by Medicare and Medicaid.

The second initiative works with the Centers for Medicare & Medicaid Services, the federal agency that manages Medicare. Patients with traditional Medicare who are having total joint replacement surgery, spinal fusion surgery, and cardiac valve surgery at NYULMC are a part of the Bundled Payment for Care Improvement initiative. Patients in the initiative will be supported by a Clinical Care Coordinator (CCC), who is a registered nurse. The CCC will guide you throughout your stay and will be in contact with you and your doctors and other healthcare providers as you recover. This may include those who provide you with care in rehabilitation facilities or home care agencies.

Both initiatives include systems and tools to monitor and track our progress. If the doctors and the Hospital meet the three goals list above, participating doctors may share the savings in hospital costs.

These initiatives will not negatively affect the quality of your care; in fact, they encourage us to improve the quality of your care. NYU Langone Medical Center has made sure the initiatives follow Federal and State laws.

If you have any questions or concerns about these initiatives, please speak to your doctor.