

1/6/2022 Memo - Sent via RED+F Vendor Notice on 01/14/2022

In light of updated NYULH and CDC guidelines, we've updated the COVID isolation and quarantine recommendations for RED+F construction contractors personnel based on current NYULH requirements, NYS DOH and CDC guidelines. **Note: all NYULH RED+F contractors are required to be vaccinated if working on site.**

1. If someone (regardless of vaccination status)

- a. is experiencing COVID symptoms (defined as loss of taste or smell **OR** two or more of the following symptoms: nasal congestion/runny nose, fever, cough, muscle aches, chills, and sore throat) **OR**
- b. reports any positive diagnostic COVID test (antigen or PCR), they shall isolate as indicated below.
 - i. **Isolate until all of the conditions below have been met:**
 1. at least **5** days since symptoms onset or since date of the sample collection for the first positive test **AND**
 2. at least **72** hours with no fever without the use of fever reducing medications **AND**
 3. symptoms are improving (including rhinorrhea or runny nose)
- c. Once all the isolation requirements as listed in item (b) above have been met, they may return to work no earlier than day six wearing a tight fitting mask which covers the nose and mouth indoors at all times in accordance with NYULH requirements. If working in a clinical location where patients may be present, the tight fitting mask shall be a fit tested N95 respirator worn in accordance with the Contractor's compliant OSHA Respiratory Protection Program. In non-clinical locations, examples of acceptable tight fitting face masks without gaps include a KN95 or other similar mask with good fitting characteristics, (e.g. a nose wire and a snug fit around the face, nose and mouth). Note: gaiters and bandanas are not approved face masks at any NYULH location.

2. If a **fully vaccinated*** individual has been exposed** to someone with COVID and is asymptomatic (i.e. experiencing no symptoms), the following is required:

- a. The individual may remain at work and must wear a tight fitting mask which covers the nose and mouth indoors at all times in accordance with NYULH requirements. If working in a clinical location where patients may be present, the tight fitting mask shall be a fit tested N95 respirator worn in accordance with the Contractor's compliant OSHA Respiratory Protection Program Standard. In non-clinical locations, examples of acceptable tight fitting face masks without gaps include a KN95 or other similar mask with good fitting characteristics, (e.g. a nose wire and a snug fit around the face, nose and mouth). Note: gaiters and bandanas are not approved face masks at any NYULH location.
- b. They shall self-monitor for symptoms daily.
- c. If at any time, they test positive **OR** develop COVID symptoms as defined in item 1 above, they must follow the instructions in item 1 above.

* Completed vaccination = completion of Covid-19 vaccine second shot in two dose series or one shot if taking Johnson & Johnson vaccine.

**Exposure is defined as:

- Not wearing a mask for 10+ minutes when within 6 feet of an infectious individual
- Community/Household Exposure:
 - Informed by a public health authority of an exposure
 - Household member with confirmed Covid diagnosis or positive COVID test

NYULH employees are required to follow the current HR Covid Testing – Return to Work policy. Staff must keep informed and refer to the [COVID 19 hub at Inside Health](#) for information.