

Transgender Health Team

Our experienced team offers a range of services for people receiving gender-affirming care.

Transgender Health Doctors

Our experts collaborate across specialties to provide transgender health services at NYU Langone

Plastic and Reconstructive Surgery

Rachel Bluebond-Langner, MD

Oriana D. Cohen, MD

Eduardo D. Rodriguez, MD DDS

Urology

Lee C. Zhao, MD

Bobby B. Najari, MD

Gynecology

Christopher N Eswar, MD

Lauren E. Stewart, MD

Ruth A. Tessler, MD



Our Support Staff

Our team also includes social worker, nurse practitioner, nurse navigator, and patient liaison, all of whom specialize in care for transgender people.

Andres Cazares, LCSW, Social Worker

Pronouns: He/They

Andres Cazares has more than a decade of experience working with and advocating for the transgender and gender expansive communities, specifically in healthcare settings. With a deep understanding of the increasingly difficult challenges faced by the transgender community, Andres focuses his efforts on addressing barriers to care and preparing patients for gender-affirming surgery. Andres's collaborative approach is central to his practice. He works closely with patients to develop personalized postoperative plans that prioritize safety and well-being, while also offering patients the necessary resources and support.

Jo Maulbeck LCSW, Social Worker

Pronoun: They/She

Jo Maulbeck has over ten years of experience providing LGBTQ services within physical health, mental health, and substance use settings. Jo specializes in working with complex trauma and is passionate about providing trauma informed care. They work collaboratively with patients to consider the mind-body connection and help them establish an emotional wellness plan that will support recovery and promote healing. Jo embodies both a Whole Person and Systems approach in their work, and advocates for patient needs to ensure that all patients have the tools, resources, and support systems they need to move through each stage of the surgical process.

Rey Daigle, BSN, Nurse Navigator

Pronoun: They

Rey Daigle is the nurse coordinator for the gender affirming surgery program at NYU Langone Health. They provide education to patients pursuing gender-affirming genital and chest surgery on pre-surgical preparation, recovery, as well as providing post-operative care. Rey works collaboratively with the multidisciplinary surgical team to provide post-procedure care and support, including dilation support following

vaginoplasty. As a nurse and student midwife, Rey is committed to providing person-centered care to the trans community. They previously worked in utilization management at Amida Care, and as a public health homecare nurse at VNS Health.

Katie Fisher, DNP, MFA Nurse Practitioner

Pronouns: She/Any

Katie Fisher is a nurse working with patients in the pre and post-operative period. Prior to joining the team, she worked in HIV testing and counseling, helping patients get connected to care and treatment on the same day they were diagnosed. She also worked in New York City's only LGBTQ+ shelter for young adults. Before beginning her 10 year career in health care, Katie received an MFA in painting which continues to inform her nursing practice.

Rox Javadi-Kashani, Patient Navigator

Pronoun: He/They

Rox is a patient navigator with over 10 years of experience working with LGBTQ+ community. Rox welcomes patients to the practice, offering resources and guides them on readiness for their gender-affirming surgery consultation. Before joining the team Rox worked in HIV and infectious diseases as a care manager and patient advocate for maturing LGBTQ+ population. He was also a counselor for homeless LGBTQ+ youth for many years, and volunteers when possible.

Kevin Moore, BSN, RN, LGBTQ+ Clinical Coordinator and Patient Liaison

Pronoun: He

Kevin Moore is a registered nurse with a background in emergency and trauma care, critical care, and the postanesthesia care unit. He helps patients navigate care at NYU Langone, and guides them in understanding how to prepare for surgery and what to expect afterwards. He works with doctors, nurses, social workers, physical therapists, and specialists to ensure all of our patients' care needs are met.